

FACULTY OF HEALTH SCIENCES SCHOOL OF MEDICINE / SCHOOL FOR ALLIED HEALTH PROFESSIONS

STEPS TO APPLY FOR ADMISSION:

MBChB; BSc Radiation Sciences; BSc Physiotherapy; B Optometry; BSc Dietetics;

B Occupational Therapy; **B** Biokinetics

- 1. APPLICATION FOR ADMISSION TO THE UNIVERSITY (Form DV1A). <u>NOT APPLICABLE TO</u> ONLINE APPLICATIONS
- 1. Complete the form and attach all the necessary documents as requested to the form. Remember to have all copies certified.
- 2. Application forms are available on our website (http://www.ufs.ac.za/HealthSelection).
- 3. Please remember to keep copies of the complete application before submitting.

2. APPLICATION FOR SELECTION: FACULTY OF HEALTH SCIENCES

- 1. Complete the faculty's application form.
- 2. Application forms are available on our website (http://www.ufs.ac.za/HealthSelection).
- 3. Ensure that the medical certificate is completed by a medical practitioner.
- 4. Attach certified copies of the requested documents.

3. SEND APPLICATION FORMS TO THE UNIVERSITY

1. Place the completed application forms and additional documents as requested on the forms in Step 1 and Step 2 in ONE envelope and send to the university at the following address:

University of the Free State

George du Toit Building Room 163

OR

P O Box 339

Bloemfontein

9300

- 2. PLEASE NOTE: ALL FORMS AS REQUESTED IN STEPS 1 AND 2 MUST BE SUBMITTED SIMULTANEOUSLY IN ONE ENVELOPE AND NOT SEPARATELY FAILURE TO DO SO WILL RESULT IN YOUR APPLICATION BEING CONSIDERED INCOMPLETE AND IT WILL NOT BE ACCEPTED.
- 3. THE ABOVEMENTIONED APPLICATION FORMS SHOULD PREFERABLY BE SENT VIA COURIER TO MONITOR DELIVERY.

STEPS 1 TO 3 MUST BE COMPLETED BEFORE 31 MAY 2016

4. NBT TESTS

PLEASE NOTE: THE NBT TESTS CONTRIBUTE TOWARDS THE TOTAL ACADEMIC POINT

- 1. Register online from 1 April 2016 at www.nbt.ac.za for both components of the test i.e. the AQL and Mathematics components.
- 2. Pay the required registration fee for the test as indicated on the NBT website.
- 3. Please note: the abovementioned payment should be made to the NBT consortium and not to the UFS.
- 4. After registering online for the NBT tests, you will be able to print a Test Registration Statement containing a 14 digit reference number. Take this form to any of the indicated Easypay pay points where the barcode will be scanned, or use the reference number to enable you to pay the required amount.
- 5. You must write the tests no later than 02 July 2016. Registration and payment close one month prior to writing. Check the NBT website for details.
- 6. The NBT test results are valid for three years.
- 7. The AQL and Mathematics tests must be written on the same date and may not be written separately.
- 8. Attach a copy of your NBT reference number to the faculty's selection form (see Step 2).
- 9. If we have not received your NBT reference number before 30 June 2016 you will not be considered for selection.
- 10. ALL students (Grade 12 learners and seniors) who apply for a selection programme must sit for the NBT admission tests.
- 11. For all NBT related enquiries, call 021 650 3523/5053 or fax 021 650 5466.

STEP 4 MUST BE COMPLETED BEFORE 30 JUNE 2016

- 5. SEND YOUR JUNE RESULTS TO THE FACULTY (only applicable to Grade 12 learners and active university students)
- 1. Fax a certified copy of your June examination results to 086 579 5154 / 086 667 2129 or e-mail to FHSApplications@ufs.ac.za.

STEP 5 MUST BE COMPLETED BEFORE 29 JULY 2016

OTHER IMPORTANT INFORMATION:

- 1. Should your choices as indicated on the application form and selection form change, you must notify us in writing by fax (086 579 5154 or 086 667 2129) or e-mail (<u>FHSApplications@ufs.ac.za</u>).
- 2. Should you already have a UFS student number, use it in all correspondence with the UFS. If not, supply your initials, surname and ID number in all correspondence, as well as a contact number where we may reach you.
- 3. A list of Frequently Asked Questions and the Faculty's Selection Policy are available on our website (www.ufs.ac.za/HealthSelection).
- 4. PLEASE PROVIDE YOUR STUDENT NUMBER IN CASE OF ENQUIRIES.
- 5. NB! REMEMBER TO KEEP COPIES OF THE COMPLETE APPLICATION BEFORE SUBMITTING.

NO LATE APPLICATIONS WILL BE ACCEPTED

FACULTY OF HEALTH SCIENCES: SELECTION CHECKLIST THE CLOSING DATE FOR ALL APPLICATIONS IS 31 MAY 2016

Thank you for choosing to apply to our University for possible selection to the School of Medicine **OR** to the School for Allied Health Professions. We wish to assist you to complete your application in full. **To this end, ensure that you read this letter thoroughly and meet all the requirements. Keep this letter for your own verification.**

WHAT MUST YOU FORWARD TO US? TICK ONCE THE TASK HAS BEEN COMPLETED.

1.	APPLICATION FORM	
•	The application form for admission to the University of the Free State. <u>Not applicable to online applications</u> . Is the application form signed by the student and the parent (if the student is a minor)? A certified copy of your identity document/passport . Students currently studying at our University need only to fill out a DV2/DV3 form and a selection form. Students studying at other tertiary institutions should attach a full academic record and certificate of conduct from the specific institution.	
2.	SELECTION FORM	
•	A fully completed selection form . Grade 12 learners: Certified copy of your final Grade 11 results . Tertiary students: If you are already enrolled for studies at a tertiary institution, a national senior certificate together with a complete academic record from the tertiary institution must be enclosed with the selection form.	
Ma	ake sure of the following:	
•	Is your health questionnaire completed and enclosed? Is the medical report completed and enclosed? Is the selection form signed by the student and the parent (if the student is a minor)?	
PLE	ASE BE VERY SURE OF YOUR PROGRAMME CHOICES.	

3. GENERAL

- 1. Please notify us in writing if any of your contact details should change.
- 2. **Foreign students** are not admitted to the undergraduate programme MBChB in the Faculty of Health Sciences, except students from the SADC countries (Lesotho) with whom agreements have been entered into. **Lesotho students must apply via their government for admission to MBChB**.
- 3. The minimum requirements are 60% in the science subjects, 60% for the language of instruction, as well as an overall average of 60%. Applicants who fail to meet these minimum requirements will not be considered for selection. Late applications will not be considered for selection. Therefore ensure that your application is received in time. Closing date for applications is 31 May 2016.
- 4. Make a copy of the application and selection forms and keep them safe.
- 5. Do not delay submitting the selection form until the June examination marks are available this causes a backlog of data. Submit the Grade 11 final examination marks, and then fax the Grade 12 June examination marks or University results no later than 29 July 2016 to 086 579 5154 / 086 667 2129 or e-mail to FHSApplications@ufs.ac.za. (Certified copies of ALL your marks are required).
- 6. Ensure that all marks are faxed or e-mailed **only** to the addresses in (5).
- 7. Incomplete application forms, outstanding NBT results or failure to submit June results will exclude you from selection.

 The application for admission to the University of the Free State and the selection form must be returned simultaneously to:

The University of the Free State

George du Toit Building Room 163

OR

P O Box 339

205 Nelson Mandela Drive

Bloemfontein
9300

- 8. If these forms are not received simultaneously, follow-up procedures to establish whether the application is complete are hampered.
- 9. Selection outcome will be available by the end of September 2016.



NBT TESTS FOR STUDENTS IN THE FACULTY OF HEALTH SCIENCES

VERY IMPORTANT: THE NBT TESTS CONTRIBUTE TOWARDS THE TOTAL SELECTION SCORE

ALL prospective students (thus all Grade 12 learners and tertiary students) applying for a programme in the Faculty of Health Sciences, UFS, must write the NBT tests.

For any NBT related enquiries, call 021 650 3523/5053 or fax 021 650 5466.

The 14 digit NBT reference number which you will receive after registering online must be faxed to 086 579 5154 or 086 667 2129 or e-mailed to FHSApplications@ufs.ac.za.

Please ensure you indicate on the tests that the NBT results should be sent to the *University of the Free State*.

For more information regarding the NBT tests, please visit www.nbt.ac.za.

The tests will be conducted nationwide. Venues for this examination are spread across the country. A prospective student may therefore sit for this examination at any of these venues. These tests involve a minimal cost as indicated on the NBT website. The prospective student is responsible for payment of these costs. It is your own responsibility to arrange to write the test via the NBT website. Please phone 021 650 3523/5053 for all enquiries and visit www.nbt.ac.za to register.

Taking these tests will not guarantee automatic admission to the Faculty of Health Sciences. It is also by no means an undertaking to admission.

All NBT reference numbers should be sent to us on or before 30 June 2016.

If we do not receive your NBT reference number on or before **30 June 2016** you will not be considered for selection.

Date when test will be written:												

If you have already registered for the test, please supply your reference number here.

FACULTY OF HEALTH SCIENCES SCHOOL OF MEDICINE / SCHOOL FOR ALLIED HEALTH PROFESSIONS



PASTE PHOTO

HERE APPLICATION FORM FOR SELECTION PURPOSES: Closing date: 31 MAY 2016 STUDENT NUMBER: (for office use)

MBChB; BSc Radiation Sciences; BSc Physiotherapy; B Optometry; BSc Dietetics; B Occupational Therapy; B Biokinetics Your application for admission to the University together with your fully completed SELECTION FORM must be sent to: University of the Free State, George du Toit Building Office 163, 205 Nelson Mandela Drive OR University of the Free State, The Registrar, PO Box 339, Bloemfontein, 9300. Note: The NBT tests are compulsory for all students applying for selection. Incomplete application forms, outstanding NBT results or failure to submit June results before 29 July 2016 will exclude you from selection. Please fax your June results to 086 579 5154 / 086 667 2129 or e-mail to FHSApplications@ufs.ac.za before 29 July 2016. If no marks are received by this date, you will not be considered for selection. TEL: 051 401 7516/7 E-mail: FHSApplications@ufs.ac.za FAX: 086 579 5154 / 086 667 2129 The information to be included is required for selection purposes. APPLICATION FOR ADMISSION TO THE PROGRAMME: Study Field 1: Study Field 2: Full names: Surname: Postal address: (not school address) Telephone numbers are compulsory (home) (Applicant) (cell) (Parents/Guardian) (cell)

E-mail address: (write legibly please COMPULSORY) Citizenship: ID / Passport nr: (student) Additional information to be reported to the National Department of Higher Education and Training: (Compulsory field)

thnicity: African Asian Coloured Indian White		Other
extramural activities (Only Grade 11 & 12)	✓	×
re/were you head boy/girl of your school?		
re/were you deputy head boy/girl of your school?		
Are/were you a school and/or hostel prefect?		
re/were you a class leader?		
are/were your parents donor(s) to the UFS?		
re/were your parents personnel members of the UFS?		
Are/were your parents old Kovsies? Which year?		

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HEALTH QUESTIONNAIRE

THIS FORM MUST BE COMPLETED BY CANDIDATES FOR SELECTION IN THE FACULTY OF HEALTH SCIENCES.

STUDENT NUMI (OFFICE USE)	BER:																
Surname:																	
Given names:																	·
Age:																	
Height:																	
Body mass:																	
Please indicate your answers with x																	
Please note: If date and duration as applicable.																	
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Any skin diseas	se?																
Any other illnes	s or cl	hroni	ic dis	seas	es?												

DISABILITIES					
Do you suffer from any disability in hearing, speech or sight?					
Are you physically disabled; do you use artificial limbs?					
OPERATIONS					
Have you ever undergone any operation(s)?					
I declare the above information to be true and cormy health, and I understand that any false information			•	_	
THE FACULTY RESERVES THE RIGHT TO RE PRACTITIONER AT A SECOND SELECTION PR	 _	_	_	ROM A ME	DICAL
 Signature		Date			

SCHOOL FOR ALLIED HEALTH PROFESSIONS: INFORMATION PAGE

NB. Please take note of the information below before you make a second programme choice.



PHYSIOTHERAPY

Physiotherapy is an excellent career choice for the enthusiastic and caring individual. For admission to the course, Mathematics, Physical Sciences and Life Sciences are required. It is a four-year course, during which you will be involved in healthcare, concentrating on a physical approach to maintain and restore communities' and individuals' physical, psychological and social wellbeing. One year compulsory community service must be done upon completion of the physiotherapy degree. Service delivery for physiotherapists ranges from treating the infant to the elderly, including sportspeople with injuries.

Career opportunities:

Career opportunities are available in a range of settings, including hospitals, private practice, schools for children with special needs, rehabilitation units and with sports teams competing at various levels.

DIETETICS

Consider a dynamic career in dietetics! Dieticians apply the science of nutrition and food to improve quality of life and performance as well as to prevent and treat disease.

Career opportunities:

Career opportunities for dieticians in various speciality areas are abundant. Dieticians specialise in therapeutic, community andsports nutrition, as well as food service management and research. Dieticians work in, among others, hospitals and clinics, private practices, government institutions, the media and journalism, the food industry as well as research establishments. Developments in the medical science, including nutrigenomics (association between nutrition and genetics), continuously expand career opportunities in the field of dietetics. Dietetics is an exciting career with unlimited possibilities in a wide career field – from healthy individuals in the community to the critically ill patient in hospital.

OCCUPATIONAL THERAPY (It is compulsory to submit the proof of an OT visit form with your application)

Occupational therapists aim to enable people to participate in the daily activities which give meaning and purpose to their lives; in other words they aim to promote health and wellbeing through occupation. The training of occupational therapists equips them with knowledge and skills to work with people of all ages and abilities who experience barriers in participating in daily activities. These barriers may result from experiencing functional problems in "doing, thinking and feeling" caused by illness or disability, and/or barriers in the environment, which can include social and institutional problems (World Federation of Occupational Therapists, 2004).

The process of occupational therapy includes assessment and intervention based on a client-centred approach. Clinical reasoning is used by the occupational therapist to enable individuals, groups and communities to identify their occupational needs and develop common goals that will improve not only their function in the occupations of life but also their quality of life.

Occupational therapists are generally employed by hospitals, rehabilitation centres, schools and chronic care facilities. A large percentage of occupational therapists are in private practice. They also specialise in working with a specific age group or dysfunction such as children with developmental delays/disorders, adults with mental disorders, work rehabilitation, hand therapy, medico-legal work or neuro rehabilitation. They form an integral part of the multi-professional team within the health sciences.

OPTOMETRY

This is a field of medical science that deals primarily with the detection and correction of visual problems. It is a four-year integrated programme. Critical cross-field, specific and professional outcomes are set, and there is an emphasis on directed, learner-centred education, rather than purely lecture-based education and training. This programme is unique in that it is offered in a district hospital, as well as in other provincial training hospitals, where facilities can be shared with ophthalmologists, as there are many tangencies, thus providing for total eye care. Thus students are exposed to different ocular and systemic conditions during their training. The development of skills is supported by the use of the skills laboratory, practical sessions and early community contact. Students have an early patient contact session in the second semester of their second year of study. In the final year of study, students participate in clinical rotations which are conducted in the provincial hospitals and Phelophepha Healthcare Train. The Department of Optometry offers its departmental classes in English. However, the test and examination papers are available in English and Afrikaans. Students are free to answer test and examination questions in either English or Afrikaans.

What does an optometrist do?

An optometrist is a health professional that examines patients' eyes using different testing methods and instruments to assess different aspects of a patient's visual and ocular system. He/she diagnoses visual problems and manages the condition through the prescription of spectacles, contact lenses or visual therapy. An optometrist is also trained to detect ocular diseases and refer patients to the relevant eye care professional.

Career opportunities:

Private practice, hospitals, eye clinics, universities as academics and researchers, and optical company representatives.

BIOKINETICS

Biokinetics is an excellent career choice for the enthusiastic individual with compassion for others. A Biokineticist is involved in health care with emphasis on promotion and maintenance of health, physical functioning and physical abilities, prevention of certain ailments and sport injuries, rehabilitation of certain ailments and sport injuries, improvement of overall skills and sport performance.

Career opportunities:

Career opportunities are available in a range of settings, including hospitals, private practice, schools for children with special needs, rehabilitation units, corporate sector, local authorities, industry, elite and professional sports teams, SA National Defence Force, police and –correctional facilities.



PROOF OF VISIT TO OCCUPATIONAL THERAPY PRACTICE ONLY APPLICABLE TO OCCUPATIONAL THERAPY APPLICANTS

PLEASE SUBMIT THIS DOCUMENT BEFORE 30 JUNE 2016.

The purpose of this visit is to ensure that prospective Occupational Therapy students of the University of the Free State have familiarised themselves of the nature of the profession of Occupational Therapy.

Name of learner:	ID No:
Name of occupational therapist: (OT)	
Address:	Field of practice:
HPCSA No:	Contact number:
Date of visit:	Duration of visit:
Nature of OT to which the learner was exposed:	
Additional comments of OT:	
Signature:	Date: