

F1 programme 2013

The F1 programme is envisaged as a one-year programme that includes the recruitment of applications, the rollout of a three-phase preparatory, global exchange and learning integration programme. Also the programme has as its goal the channelling of F1 team members to further leadership development opportunities and into student governance structures.

1) The recruitment programme will consist of the recruitment and selection procedure, which is considered as key aspects of positioning the F1 programme, enabling the precise type of applicants to respond to the F1 objectives and provides initial learning engagement with applicants.

2) The three-phase curriculum of the programme will consist of a preparatory programme, a structured programme of international engagements and a post-learning programme of student dialogues and further development opportunities.

The **preparatory programme** will consist of study planning sessions focussed on assignments to be completed by participants during the global exchange, introductory seminars on leadership to prepare students to engage in conversations with their international counterparts and training events on international protocols to prepare students for the Study Abroad Programme.

The Study Abroad Programme will consist of learning events in collaboration with the partner institutions, including social, cultural, as well as academic and leadership training events. Pre- and debriefing meetings of the F1 teams allocated to specific partner institutions will take place to complete group assignments and allocate time to F1 members for self-assessment and reflection.

The **post-learning programme** will consist of F1 team members establishing learning communities and dialoguing programmes to report to the student body at large on achievements and learning, while also co-creating the programme for 2014 by participating in programme evaluation.

3) The programme to channel F1 team members to student leadership positions will consist of participants joining existing student leadership mentoring programmes and availing themselves to run for student leadership positions in residences, faculties and associations.