

dumela

UNIVERSITY OF THE
FREE STATE
UNIVERSITEIT VAN DIE
VRYSTAAT
YUNIVESITHI YA
FREISTATA



NOVEMBER 2016 - JANUARY 2017 ISSUE FIVE - NOVEMBER 2016 - JANUARIE 2017 UITGAWE



Photo | Qwaqwa Campus main gate

As we approach the end of the year, we reflect on the proud moments we have enjoyed in recent months starting with the unforgettable and top class performance and Olympic victory by our very own Wayde van Niekerk and other sportsmen and women of Kopsies.

We applaud colleagues who graduated in the September and December graduation ceremony which saw over 1000 degrees conferred in six faculties of the university.

The UFS is on the global map, thanks to the outstanding and ground breaking research we keep producing in fields of Political Science, Development Studies, Medicine and Criminology.

We have a pool of great talent and a rich history at our university, and this is what Dumela aims to showcase. Enjoy the holidays and see you in 2017.

By Mamosa Makaya 



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Spring Fun Walk a resounding success

Relatable Post #2298

You know what I hate most about Twitter?
Finishing a good tweet having -
1 character left,
and then having to decide which
grammar crime to commit.



so-relatable.tumblr.com
and now @quiterelatable!



dumela is compiled by the Department of Communication and Brand Management at the University of the Free State

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Important
dates from
**OCTOBER to
JANUARY**



8 December
Summer
Graduations



16 December
Reconciliation Day

20 December
University recess

3 January 2017
University re-opens

2

UITGAWE VFV 2016

dumela

NOTICEBOARD

Stads- en Streekbeplanning vier **40 jaar**

Die Departement Stads- en Streekbeplanning op die Bloemfontein-kampus van die Universiteit van die Vrystaat (UV) vier vanjaar hulle 40-jarige bestaan; vier dekades waartydens die departement 426 meestersgraadstudente opgelewer het wat vandag hul plek in die samelewing volstaan.

Ter viering van hul veertigste bestaansjaar het die departement 'n reünie gehou waar twee navorsingsgenote in die departement 'n praatjie gelewer het. Prof Das Steyn, 'n vorige hoof van die departement, en dr Yandisa Mashalaba, 'n oudstudent en oudkollega, het die gaste toespreek.

Uitstaande kaliber studente gelewer

Prof Das Steyn is baie trots op die kaliber studente wat al deur die departement opgelewer is. Hy en dr Mashalaba is dit eens: alumni staan nie net hul plek vol in sleutelposisies in die provinsies nie maar ook in die privaatsektor.

“Een van ons oudstudente is al as entrepreneur van die jaar aangewys en beheer maatskappye wat biljoene rande se werk administreer,” het prof Steyn gesê.

In sy voordrag aan oud-studente en -personeel tydens die reünie het prof Steyn onder meer genoem dat stads- en streekbeplanners daarna moet streef om omstandighede te skep waardeur die mens en die gemeenskap op 'n verskeidenheid wyses tot groter verantwoordelikheid, groter vryheid en die gebruik van ruimte gelei word.

Groei in studentegetalle en akademiese programme

In sy toespraak het dr Mashalaba oor sy loopbaanondervinding as 'n stadsbeplannerpraktisyn in teenstelling met sy ondervinding as dosent gereflekteer, “Ek is sedert 2001 by die UV se Departement Stads- en Streeksbeplanning betrokke. Eers as 'n student en later as 'n dosent in die departement. Hierdie gerespekteerde departement het gegroei in terme van studentegetalle, sowel as die programme en kwalifikasies wat dit aanbied.”

**“ Die departement is veral
baie trots op hul
onvoorwaardelike akkreditasie
van die Suid-Afrikaanse Raad
vir Beplanners / South African
Council for Planners (SACPLAN) vir
die magistergraad in Stads-
en Streekbeplanning. ”**

Dié departement, wat van die Departement Argitektuur aan die UV afgestig het, het nog altyd op hul nagraadse opleiding gefokus, wat 'n gestruktureerde honneurs- en magisterprogram insluit. Die departement is veral baie trots op hul onvoorwaardelike akkreditasie van die Suid-Afrikaanse Raad vir Beplanners/South African Council for Planners (SACPLAN) vir die magistergraad in Stads- en Streekbeplanning. 

Departement Stads- en Streekbeplanning <http://www.ufs.ac.za/natagri/departments-and-divisions/urban-and-regional-planning-home>

South African Council for Planners
<http://www.sacplan.org.za>



Craig Ruston, meestersgegradueerde, en
Lindelwa Toba Masters, gegradueerde en PhD-kandidaat.

Foto | Verskaf

We speak to Noko Masalesa

UFS safety and security a priority for Masalesa

From security officer to occupying senior management positions at different organisations and currently the Director of Protection Services at the UFS, Noko Masalesa is the true example of “from humble beginnings”.

Born and bred in Mokopane, formerly known as Potgietersrus, in Limpopo, he is from a family of 12 children. His father married two wives, his mother being the second wife. Being the first one in the family to obtain matric, Masalesa blatantly defied his

uncle's wishes that he study teaching and left for Pretoria to seek employment, with only a matric certificate and his identity document in his pocket.

His life experiences have influenced the man that he is today though he says that one's history or background should not determine one's destiny in life. “I have to believe in myself so that the team I am leading can also have trust and confidence in me and follow my lead,” he said.

His biggest challenge was when the initial student protests took place on the Bloemfontein Campus in February this year, two weeks after his appointment.

“ During that period my team didn't really know my capabilities, I think there was some panic on their part, but we have grown to support each other as a team. ”

Today, the father of two daughters is currently studying towards a Doctorate in Technology in Policing at Tshwane University of Technology. Having been at the UFS for nine months, Masalesa and his team regard the safety of staff and students as a high priority.

I am really humbled by the warm welcome I received when I arrived here, as well as the support I continue to receive from colleagues and management, he said.

By Lerato Sebe

Noko Masalesa, Director of Protection Services at the UFS, is committed to ensuring the quality of the safety and security of all three campuses during his term.

Never wear white shoes in winter



The barefoot man in the supermarket was neatly dressed, except for his lack of shoes, and he seemed quite normal. But my mother taught me that one never leaves the house barefoot, so I noticed him.

Some parental instructions make sense (wash your hands before you start cooking, September's not summer yet, so take a jacket, just in case), but others seem to be counterintuitive, even random. Why do I have to change clothes before I get into bed? What purpose does it serve to leave dessert for when you are already full? And how is doing anything "in moderation" ever going to result in fun? Don't get me started on going to bed early – why is it more virtuous to get up early than to stay up late?

Over time I've become less concerned about these arbitrary rules. A tattoo does not tell me anything about you, it's just a tattoo. If you can live with a dirty car/messy desk/wrinkled shirt, well done, it's none of my concern. Wearing a strapless dress to church (or denims to the symphony) has nothing to do with respect, it's what you felt like wearing.

As for the barefoot man in Checkers, I immediately beat back my ingrained bias. I'm sure he is perfectly normal, even though he was happily doing something I would never do. My shiver of revulsion had nothing to do with him, nothing to do with the way things are "supposed to be". It was merely the result of imagining the feeling of a dusty supermarket floor under my own bare feet.

By Hettie Human ◀

Tips on how not to marry the wrong person



According to The New York Times, we are bound to marry the wrong person. Sadly, the truth is that we hide our true selves during the early stages of a relationship. The

article suggests that the best question to ask on a date would be: **"So how are you crazy?"**

- To be truly loved we often seek out partners who are damaged, rejecting those who seem stable and reliable – because we think we cannot truly be happy if we aren't saving someone from themselves. We marry the wrong people because we do not associate being loved with feeling happy.
- Someone who is best suited for us is not the person who shares our every taste (because he or she doesn't exist), but rather the person who can negotiate differences in taste intelligently – the person who is good at disagreement.
- Rather than some theoretical idea of perfect complementarity, it is the capacity to tolerate differences with generosity that is the true marker of the "not excessively wrong" person.
- Compatibility is an achievement of love; it must not be its precondition.



By Oteng Mpete ◀

Prof Danie Vermeulen
en Josepha Zielke-Olivier.

DEKAAN

hou sy vinger op die pols

Foto | Leonie Bolleurs

Vir prof Danie Vermeulen, Dekaan van die Fakulteit Natuur- en Landbouwetenskappe, is navorsing steeds 'n passie. Hy spandeer nog gereeld tyd saam met sy studente by die Instituut vir Grondwaterstudies om hulle en sy navorsing uitsette in stand te hou. Hy onderhou ook sy verbintenis en verpligtinge met verskeie projekte (navorsing en derdestroom) waarvoor hy verantwoordelik is.

“Ek is aktief met navorsing betrokke deur my studente,” sê hy. Met die wintergradeplegtigheid het hy twee PhD-studente gelewer, terwyl daar nog 10 PhD-studente en 'n paar MSc-studente is wat onder sy leiding navorsing doen. Die meeste van sy groep se navorsing gaan oor mynwater, maar hy het ook studente wat in meer tradisionele grondwaterstudies betrokke is.

By die Internasionale Mynwatervereniging se simposium wat in Julie in Duitsland aangebied is, het vyf van sy studente referate gelewer. Josepha Zielke-Olivier, een van die studente, het haar magisterverhandeling met die titel, “Fine Ash Leaching in Tailings Dams – An Impact on the Underlying Aquifers?” in 'n referaat voorgedra. Sy het met die prys vir beste referaat gelewer weggestap.

“Ek glo die studente moet die referate lewer. So kry hulle selfvertroue en raak bekend aan die internasionale gemeenskap,” sê prof Vermeulen. Dit gee hulle 'n geleentheid om hulle vaardighede te ontwikkel en te verbeter. Prof Vermeulen dien al vir jare op die uitvoerende bestuur van die Internasionale Mynwatervereniging. Die vereniging het hom gevra om in 2017 die programrede op die kongres in Finland te lewer. Jaar na jaar beïndruk hy met die aantal asook die gehalte studente wat hy na die simposium toe bring. Die studente lewer nie net 'n bydrae op die simposium nie, maar stof ook hul eweknieë van reg oor die wêreld uit.

By Leonie Bolleurs 

Department of Criminology hosts two international events

The UFS is playing a “leadership role in advancing global principles of justice”, according to Prof Robert Peacock, after the university hosted both the executive meeting of the World Society of Victimology (WSV) and the African Postgraduate course on Victimology, Victim Assistance and Criminal Justice.

Prof Peacock, chair of the UFS Department of Criminology, said the hosting of these two international events had allowed the UFS to access excellence across the globe.

His department, in conjunction with the WSV, hosted the African Postgraduate course, one of the WSV's flagship programmes, from 1–6 August 2016 on the Bloemfontein Campus. This ran concurrently with the WSV executive meeting from 6–7 August 2016.

Not only did the hosting of these two events help the UFS gain international knowledge, said Prof Peacock, it also “strengthens research and knowledge production of our students and staff, together with the fostering of international cooperation and solidarity in our efforts to alleviate the plight of victims of crime and abuse of power.”

Hosting the African Postgraduate course positioned the UFS as a strategic partner of the WSV and a key role player on the African continent and in the broader scientific community.

“The WSV enjoys Special Category consultative status with the Economic and Social Council of the United Nations and the Council of Europe. The purpose of the WSV is to advance victimological research and practices around the world,” Prof Peacock said. – *Jóhann Thormählen* 

Members of the executive committee of the World Society of Victimology (WSV) at the WSV executive meeting at the UFS. From left, Prof Janice Joseph, United Nations Liaison Committee, Prof Robert Peacock, WSV Vice-President, Prof Marc Groenhuijsen, WSV President, and Prof Yoshiko Takahashi, Membership and Advancement.

Photo | Rulanzen Martin



UV se speeloppervlak kry eerbewys

“**D**aar word nie gepraat van ons en hulle nie,” Volgens Dougie Heymans, assistent-direkteur van KovsieSport (Rugby), beklemtoon dit die goeie verhouding wat die UV met Servest het en is dit ook een van die redes vir die goeie instandhouding van Xerox Shimlapark se veld.

Dié speeloppervlak, wat deur Servest in stand gehou word, het 'n eerbewys van die South African Landscapers Institute (Sali) ontvang vir die knap toestand daarvan. 'n Sali silwer-toekenning is aan Servest toegeken, wat Xerox Shimlapark die tweedebeste veld in Suid-Afrika maak van dié wat ingeskryf het. Dit het met ander nasionale stadions, sokkervelde en selfs Super-rugbyvelde meegeding.

Volgens Kevin Hodgson, afdelingsdirekteur van

Servest, is velde in dié kompetisie twee keer, in November 2015 en weer in Februarie 2016, beoordeel. Die amptelike oorhandiging van die eerbewys het op 1 September by Xerox Shimlapark plaasgevind.

Hodgson meen dit is eintlik die UV self wat die eerbewys ontvang het. “Ons en die UV se verhouding is meer as net een van 'n kliënt en diensteverskaffer. Ons werk saam,” sê hy.

Heymans meen Servest en die UV het die laaste drie jaar 'n goeie verhouding opgebou. “Hulle is amper soos ons eie personeel. Elke Donderdag het ons spesifiek 'n onderhoudvergadering met Michael du Preez van Servest.”

By Jóhann Thormählen

Duitser Bosman (links), uitvoerende hoof van Varsity Cup (Pty.) Ltd; DB Prinsloo, direkteur van KovsieSport; Kevin Hodgson, afdelingsdirekteur van Servest; Dougie Heymans, assistent-direkteur van KovsieSport; en Michael du Preez, terreinbestuur van Servest, by die oorhandiging van die Sali silwer-toekenning.

Foto | Jóhann Thormählen





Qwaqwa Campus wins

Sister Mathapelo Moloi being congratulated by Rev Hosiah Nkoana, Deputy Director: Student Affairs.

Photo | Thabo Kessah

GLOBAL SPIRIT of Relay Award

Cansa recognises the role of staff and students in cancer awareness.

The Cancer Association of South Africa's (Cansa) Relay For Life, held in the Rolihlahla Mandela Hall in February 2015, has won the Qwaqwa Campus Global Spirit of Relay award for the exceptional work done by the Health and Wellness Centre on campus.

The award was handed over by Suzelle Uys and Lerato Sekhosana from Cansa, who expressed the association's gratitude for the way the Qwaqwa Campus had helped raise cancer awareness on campus.

"We are pleased to hand over the award to Sister Mathapelo Moloi, who has been very instrumental in disseminating encouraging messages relating to all forms of cancer on the Qwaqwa Campus and beyond," said Uys.

"We are grateful to the campus management, students, and staff for hosting us and for helping us to reach many students and community members the way we did in February 2015," she said.

An excited Sister Moloi thanked Cansa and also thanked the student community for always supporting the Health and Wellness Centre's campaigns and programmes.

"This award is a humbling experience that recognises our efforts and it is a challenge to do even more in the future," said Sister Moloi, Head: Health and Wellness Centre.

Cansa is a non-profit organisation whose mission is to reduce the impact of cancer in South Africa.

WORD SEARCH

Supplied by XWord (Pty) Ltd

H O N S C I E N C E A
W G F E A C A D E M Y
N X W E T E X A M S F
N V O I E B Y B G U R
E V E N T S A N F T J
Y C A R E T I L O O O
B M U S S T O W L F S
B M H T A G S I N K S
G N I R E E N I G N E
S F U T E N N I S B H
A D V I C E B S C Q C

Find 21 words hidden in the grid below. These words can be read up, down, forward, backward or diagonally and some can overlap; which means a letter can be part of two or more words. See if you can find them all.

- | | |
|----------------|--------------|
| 1. Academy | 12. Info |
| 2. Advice | 13. Jol |
| 3. BMus | 14. Literacy |
| 4. BSc | 15. Netball |
| 5. Chess | 16. Ratings |
| 6. Engineering | 17. Rugby |
| 7. Events | 18. Science |
| 8. Exams | 19. Swot |
| 9. Fees | 20. Tennis |
| 10. Golf | 21. UFS |
| 11. Hons | |

Interesting snippets of UFS history

History of our buildings



1 THE BIOLOGY BUILDING, which housed the Department of Botany and Zoology, was erected in 1958; this photo was taken in 2004.

2 THE GEORGE DU TOIT ADMINISTRATION BUILDING which was jokingly named "The White House" because of the growing number of managerial and administrative staff who occupied the building, with top management on the third floor, was built in 1972 and occupied in 1973.

3 THE ADMINISTRATION BUILDING was erected in 1952, and in 2003 was revamped to house the School of Nursing and was re-named the Idalia Loots building after Prof Idalia Loots, the first head of the Department of Nursing.

Source: From Grey to Gold.
The first 100 years of the University of the Free State.



World-renowned scholar captivates linguists at Research Week

“**C**onverging humanities and the natural sciences in one symposium was the first of its kind at the UFS,” says Prof Kobus Marais, associate professor in Translation Studies at the University of the Free State (UFS). The Research Week organised by the Department of Linguistics and Language Practice at the UFS culminated in a one-day symposium with the theme Nature, Culture and Meaning. The symposium featured world-renowned scholar Prof Maria Tymoczko from the University of Massachusetts, United States.

Prof Tymoczko presented a workshop on 22 July 2016 where the trajectories for future research in translation studies (TS) in Africa were brainstormed and discussed. She specifically argued for inclusiveness in the discipline and asked questions regarding the reconceptualization of post-colonial theory and the post-colonial.

Attendees were captivated by the presentations of Prof Tymoczko. She referred to various contributions to the development and enlargement of translation studies as

discipline; from phonology to linguistics, culture, power, ideology, sociology, development studies and the digital age.

Enlarging TS as discipline was one of the main focuses of the Research Week from 18–22 July 2016. It included seminars and talks on Agency in Translation, Trajectories of Research in Translation Studies as well as Enlarging Translation and Rethinking Postcolonial Studies.

The week brought together scholars from various disciplines on the interfaces between translation studies, neurosciences, philosophy and biosemiotics, to name but a few. In terms of future possibilities in research, the need to look beyond binaries in looking at Translation Studies, integrating disciplines from the Humanities and Natural Sciences and developing shared points of research interests.

By Jóhann Thormählen

Delegates at the Research Week hosted by the Department of Linguistics and Language Practice at the University of the Free State. From the left is: Dr Kristina Riedel (UFS); Prof John Collier (UKZN); Prof Esta van Heerden (UFS); Prof Maria Tymoczko (University of Massachusetts, USA); Prof André Venter (UFS); Prof Heike Tappe (UKZN) and Prof Kobus Marais (UFS).



Kesa Molotsane in aksie by 2016 se Suid-Afrikaanse landloopkampioenskap in George waar sy eerste in die 10 km vir vroue klaargemaak het. Foto | DB Prinsloo

'n Lang lys sterre

werk by
KovsieSport

'n Nasionale landloopkampioen, die Protea-netbalkaptein, 'n oud-krieketspeler van Skotland en selfs 'n voormalige Gladiator.

Hulle tel almal onder die KovsieSport-personeel wat self hul merk in die sportwêreld gemaak het. Verskeie lede in dié afdeling van die Universiteit van die Vrystaat (UV) het voorheen op 'n hoë vlak uitgeblink. Van hulle is steeds vandag sportsterre na wie Kovsies opkyk.

Al is 'n passie vir sport en harde werk die belangrikste bestanddele wat personeel help om KovsieSport sukses te laat bereik, spog die UV ook met 'n lang lys sportname.

"Dit is nie 'n voorvereiste (om self sport op 'n hoë vlak te gespeel het nie) nie, maar dit maak dit makliker," sê DB Prinsloo, direkteur van KovsieSport.

"Jy weet presies wat gebeur. Jy kan jou indink in die posisie van jou mense en hoe dit georganiseer moet wees. Jy weet presies wat pla die sportmense en doen dinge so om die probleem te verhoed."

Prinsloo vorm self ook deel van die lys van altesaam 13 voormalige en huidige uitblinkers. Onder hulle tel vier atlete, drie netbal-, drie rugbyspelers, 'n krieket-, sokker- en vlugbalspeler.

Deur Jóhann Thormählen

Godfrey Tenoff wys sy slag toe hy vir die Cleveland City Stars in Amerika uitgedraf het. Foto | Verskaf



Sarina Cronje was op haar dag 'n groot ster vir haar land en die Universiteit van die Vrystaat.
Foto | Verskaf



KovsieSport se sterre:

- **DB PRINSLOO** (direkteur) – Was junior Springbok- en Vrystaat-atleet in hindernis en landloop
- **KESA MOLOTSANE** (assistent-beampte) Huidige SA landloop-kampioen in 10 km
- **SARINA CRONJE** (sportbestuurder) Was Springbokatleet in baanatletiek en landloop
- **BOY SOKE** (assistent-sportbestuurder en atletiekafrigter op Qwaqwa-kampus) – Was atleet vir SA in baanatletiek, padwedlope én landloop
- **BURTA DE KOCK** (netbal-hoofafrigter) Was VS-netbalspeler en Proteabreier
- **MARYKA HOLTZHAUSEN** (netbal-hulpafrigter) Huidige Proteakaptein
- **KARIN VENTER** (sportbestuurder) Was Proteanetbalkaptein
- **DOUGIE HEYMANS** (sportbestuurder) – Was VS-rugbyspeler
- **JACO SWANEPOEL** (rugby-hoofafrigter) Was VS o.21-rugbyspeler en VS o.23-krieketspeler
- **KOBUS CALLDO** (kondisioneringsafrigter) Was VS-rugbyspeler
- **JONATHAN BEUKES** (sportbestuurder) Was VS- en Suidwestelike Distrikte-krieketspeler; speel vir Skotland in Engelse graafskapliga
- **GODFREY TENOFF** (afrigter en sportbestuurder) Was sokkerspeler vir Indiana Blast, Minnesota Thunder en Cleveland City Stars in Amerika; Maritzburg City in SA
- **BEN ZWANE** (sportbestuurder) Karate en vlugbal vir VS; Gladiator



INCLUSIVE

Gender-inclusive toilets a first at UFS

The Gender and Sexual Equity Office (GSEO) in collaboration with the Institute for Reconciliation and Social Justice (IRSJ), has, after various meetings with different stakeholders, implemented a new initiative of gender-inclusive toilets on the Bloemfontein Campus.

“The coming together of different people on campus to coordinate an agreement that would result in non-discrimination against any group of people and no violation of their dignity was vital and much appreciated,” said Dionne van Reenen from the IRSJ.

Under this initiative, gender-specific toilets will still exist but every building will now have gender-inclusive bathrooms, including in new buildings, student residences, and guest toilet facilities around the campus.

“We have to cultivate a safe space of cooperation and compassion. This is essential in today’s interconnected world,” said Zane Thela, Programme Coordinator: Gender and Sexual Equity Office (GSEO).

By Rulanzen Martin

Service to an institution over **many** years lauded as a **true virtue**

25 YEARS



Bender Cornel



De Wet Corene



Ferreira Sandra



Fourie Joanna



Litthauer Derek



Louw Schalk



Malan Ina



Moeketsi Moferefere



Mohatlane Limakatso



Monareng Makhibeli



Mvula Jack



Olivier Martin



Swanepoel Kobus



Swart Ben



Thebe Joel



Van der Walt Elza



Van Tonder Frances



Verster Pieter



Wessels Hanlie

30 YEARS



Crouch Robbie



Deyssel Lore-Mari



Du Toit Elmine



Lazenby Kobus



Purcell Walter



Ras Jan



Scheepers Karen



Swarts Jannie



Van der Merwe Linda

35 YEARS



Bitso Philmon



Esterhuyse Petro



Frankim Betsie



Hugo Adriaan



Lenka Elisa



Linde Hester



Linstrom Chris



Manyarela Mokitlane



Moeti Selby



Moqolo Carel



Nel Linda

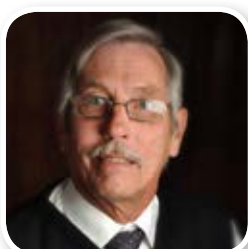


Pono Andries



Van Zyl Helena

40 YEARS



Altona Emil



Bloemhoff Johan



Knoetze Esta



Mafata Martha



Mavuya Daniel



Van Wyk Pieter

Miriam Nkone / *No photo*

The UFS long service awards are
an annual celebration
at the university.

On 21 October 2016, 48 awards were presented to staff who served the university for 25 years and more.

Prof Corli Witthuhn, Vice Rector: Research, congratulated the staff from both academic and support services. She commended them for their dedication, loyalty and giving of their talents to the university over their many years of service.

Small town to **iron** town: *small mining town dynamics*

The 2012 Marikana massacre provides the backdrop to the negative consequences of mining, informal settlements infrastructure development in the local areas in which mining is a dominant activity.

'The psychological well-being of mineworkers in Postmasburg' is part of a book titled *From small town to iron town: mining and community in a South African mining town* and is part of an interdisciplinary project between Prof Tina Kotze of the UFS Business School, Prof Lochner Marais who is the editor, Professor of Development Studies at the Centre for Development Support at the UFS. Other editors are Prof Philippe Burger, head of the UFS Department of Economics, and Deidre van Rooyen, Programme Director for Development Studies and researcher in the Centre for Development Support.

The aim of the research is to assess the various implications, of mining on small towns and attempt to determine the long-term implications thereof. The focus is on employment, inequality, housing, business development, worker well-being, governance, municipal finance, planning and the environment.

Her research explores the role of personal resources such as psychological capital, mindfulness, personality, emotional intelligence, cognitive abilities and self-leadership in the enhancement of work engagement, individual well-being, authentic leadership, and leadership effectiveness.

Additional research done at these mines but not included in this project relates to the personal resources of mine workers. This includes their psychological capital, which refers to their levels of hope, optimism, self-efficacy and their resilience in the workplace, as well as their mindfulness at work.

By Oteng Mpete



GOOD Samaritans

restore **hope**

Faith in humanity is once again restored after a purse with all of its belongings intact was rightfully returned to Palesa Lengau, a first-year medical student on the Bloemfontein Campus.



From the left: Emmanuel Mokoena, Palesa Lengau and Bongani Luti

Photo | Rulanzen Martin

On the morning of 3 November 2016, Palesa hastily made her way to class and in the midst of it all, her purse fell out of her bag without her noticing it. "I went to class and when I received the call almost three hours later, my heart dropped. All I thought was, I hope everything is still there otherwise I am done for. I am very grateful to the two good Samaritans who found it," she said.

Emmanuel Mokoena and Bongani Luti were on their way to work on campus when they walked past the Main Building and stumbled upon the purse. "We saw the purse, picked it up and immediately took it to the Main Building," said Emmanuel. "We were actually more worried for the owner of the purse because something like that is valuable, we wanted to return it as soon as possible," Bongani said.

By Siobhan Canavan ◀

From left to right, Dr Deidre van Rooyen, Prof Lochner Marais and Prof Tina Kotze. They form part of an interdisciplinary team headed by Prof Marais from the UFS Centre for Development Studies.

Photo | Charl Devenish





Zane Thela, Programkoördineerder: Gender- en Seksuele Gelykheidskantoor, met twee studente tydens die MIV-veldtog op die Bloemfontein-kampus. Foto | Rulanzen Martin

UV-veldtog help om MIV STIGMA te breek

Al is die stigma rondom MIV en VIGS beter as voorheen in Suid-Afrika, kan dit steeds verder afgebreek word.

En dit was dan ook een van die doelwitte van die Institusionele MIV- en Vigs-eenheid by die Sentrum vir Gesondheid en Welstand (SGW) aan die Universiteit van die Vrystaat (UV) se MIV-toetsveldtog.

Dit is belangrik dat die gemeenskap bewus is van hul status en die dienste wat beskikbaar is. "Ons voel dat hoe meer mense bereid is om te toets, dit ook ander sal motiveer om dit te doen," sê Francois van den Berg, Hoof van die Institusionele MIV-en VIGS-eenheid by die UV.

Die veldtog het op 6 September 2016 op die UV se Suid-kampus begin en is daarna vir twee dae, op 7 en 8 September 2016, op die Bloemfontein-kampus voortgesit. Die veldtog was in samewerking met die First Things First-veldtogte, wat deur die Departement van Hoër Onderwys se MIV- en VIGS-program aangebied word om MIV-toetsbewustheid onder studente te bevorder gehou.

"Ons moedig studente aan om die stigma wat aan MIV verbind is, af te breek," sê John Mokoatsane, voormalige senior beampete by SGW. "Ongelukkig sien ons nog steeds baie stigma rondom MIV in Suid-Afrika. Dit is egter baie beter as wat dit in die verlede was," volgens Van den Berg.

Rulanzen Martin

UFS doctor's work recognised as



he moves into professorship

Dr Nathaniel Mofolo has been appointed an Adjunct Professor by the UFS's Executive Committee of Senate.

Prof Mofolo is a medical doctor and Chief Family Physician Specialist at the UFS and the Free State Department of Health. He is also the head of the Family Medicine department at the university.

Prof Mofolo began his academic journey at the UFS, starting with a Bachelor of Natural Science in 1995, followed by the undergraduate medicine degree (MBChB) in 2001, and then a Master's Degree in Family Medicine (MFamMed) in 2007. Honoured by the recognition for his work at the UFS, Prof Mofolo sees his appointment as a milestone and as an opportunity to further accelerate the clinical and research work in the department.

Under his leadership, the department provides holistic primary health care services in the province, and trains and develops doctors who can function and compete in any global healthcare setting.

By Nonsindiso Qwabe

LEE-ANN: Van eerstegenerasie- student tot bestuurder

Van eerstegenerasie-student tot bestuurder van een van die grootste fakulteite by die Universiteit van die Vrystaat (UV): Dit is die storie van Lee-Ann Frazenburg.

Lee-Ann Frazenburg (née Damons) is in Port-Elizabeth in die Oos-Kaap gebore en woon al amper dertien jaar in Bloemfontein. Sy het 'n BSocSc-honneursgraad in Bedryfsielkunde aan die UV verwerf en is nou meer as agt jaar werksaam op die Bloemfontein-kampus.

“My grootste prestasie is die feit dat ek nog so jonk en 'n fakulteitsbestuurder op kampus is,” het Lee-Ann in die komiteekamer van die Dekanskantoor gesê. Die jong fakulteitsbestuurder van die Fakulteit Natuur- en Landbouwetenskappe beskryf haarself as baie teruggetrokke en rustig, wie baie aandag aan haar werk en

onmiddellike familie gee. Een ding wat mense dalk nie van Lee-Ann weet nie, dat sy 'n geboortevlek onder haar regteroog het.

Sy het as navorsingsassistent in Bedryfsielkunde begin werk en later as intern by die Sentrum vir Onderrig en Leer. Sy is deur 'n enkelma grootgemaak en sy het nooit gedink sy sal eendag by 'n universiteit werk nie. Lee-Ann was ook een van die beplanners van die eerstejaars se oriënteringsmodule, UFS101. Deur haar werk was sy al by twee geleenthede na die buiteland met besoeke aan Amerika.

Sy is baie passievol oor haar werk as fakulteitsbestuurder. Haar grootse vreugde is om met studente te werk en hulle te help. “Daardie een student wat terugkom om dankie te sê maak my werk h plesier,” sê sy.

Deur Rulanzen Martin 

Lee-Ann Frazenburg, by die Fakulteit Natuur- en Landbouwetenskap is een van die jongste fakulteitsbestuurders by die UV. Foto | Rulanzen Martin



Terapeutiese ervaring op kabbelende water van die Oranjerivier

Die stilte van die woestynagtige Richtersveldlandskap en die kabbelende strome van die magtige Oranjerivier was die speelplek vir personeel van die Universiteit van die Vrystaat (UV). Hier kon hulle bietjie ontspan en mekaar beter leer ken.

Dit was alles deel van die Sentrum vir Gesondheid en Welstand aan die UV se toer, wat deur Amanzi Trails georganiseer is, na Noordoewer in Namibië. Die toergroep, bestaande uit 18 personelede, het met kanootjies al met die Oranjerivier langs geroei en plek-plek kamp opgeslaan.

“Die doel van die toer was bloot vir rekreasie en die bevordering van persoonlike welstand,” het Arina Engelbrecht, Hoof van Personeelwelstand, oor die toer van 5–8 Oktober 2016 gesê. Sy meen die voordele van rekreasieaktiwiteite sluit onder meer in die vermindering van stres, karakterbou, dat dit is sosiaal is en interaksie met ’n uiteenlopende groep mense.

Die toerorganiseerders het vir alles gesorg, van kos tot tente, en die toergangers het aan die heerlikste middag- en aandetes weggeleë.

“Dit was voorwaarlik ’n terapeutiese ervaring om so naby die natuur te bly en met die strome te onderhandel vir oorlewing, in tye van vele uitdagings op ons kampus,” sê prof Lucius Botes, dekaan van die Fakulteit Geesteswetenskappe.

“Dankie aan Arina Engelbrecht en die Sentrum vir Gesondheid en Welstand. Dit was wonderlik om op die Oranjerivier vir 62 km nuwe vriende in oorlewingsmodus te maak,” sê prof Botes.

Deur Rulanzen Martin

Roeiers rus in die Oranjerivier tydens die Sentrum vir Gesondheid en Welstand se toer.

Foto | Lizet Brits



MOBILE LIBRARIES

creating knowledge at disadvantaged community school

Did you know that only 3 392 primary schools in South Africa have libraries? In the Free State only 277 primary schools have libraries, while 1 087 have to push on without them. The South African Primary Education Support Initiative (SAPESI), in partnership with other sponsors, is committed to expanding access to books by donating mobile libraries that can service schools across South Africa.

In the Free State, the project is supported by the Free State Department of Education, which employs the mobile operators and library assistants to run these libraries, to visit remote farm schools and other under-resourced schools. SAPESI's goal is to supply 75 mobile libraries to provide 2 000 schools with access to books by the year 2020.

Towards the end of 2014, the Free State Department of Education and the Flemish Association for Development Cooperation and Technical Assistance (VVOB) commissioned the UFS to carry out research on the library project. Dr Lynette Jacobs, head of the School of Education Studies at the University's Faculty of Education, and her team engaged with role-players at district and provincial level in a participatory action research project.

The research project aimed to describe the work that mobile libraries do, and appraise their influence on learners and schools, with a view to improving their functionality. In addition, the project aimed to build research capacity within the district teacher development centres.

The research project found that the mobile libraries did as well as they could to provide learners and teachers at rural and farm schools with reading books. While the libraries could not make up for possible challenges related to teaching and learning or to infrastructure, the learners and teachers were regularly provided with good resources to encourage reading and stimulate literacy development.

By Oteng Mpete

Mobile library bus

Photo | Supplied



Students listening to a brief presentation by Absa Bank. Photo | Thabo Kessah

CAREER DAY

introduces final-year students to the world of work

The Faculty of Economic and Management Sciences on the Qwaqwa Campus recently hosted a Career Day for its final-year students, aimed at introducing final years to the world of work, according to Faculty Officer Sibongile Mlotya.

"Exposing our students to different careers was of utmost importance as we know that the university focuses more on theoretical knowledge", she said. "The day also enabled our final-year students to register for internships, vacation work and permanent work on the Department of Labour's database."

Mlotya also said that 10 final-year students had submitted their CVs to Old Mutual and that final-year Accounting students had also been recruited by SGC Consultants for training in 2017.

Other institutions and companies displaying their services on the day were Absa Bank, Tshepong and Stats SA.

By Thabo Kessah

Free State community builders recognised at the annual community engagement awards

At the annual community engagement awards in October 2016, Albert Einstein's reflection that "only a life lived for others is a life worthwhile" rang true as we celebrated staff, communities and partners for their service and time spent developing communities in and around Bloemfontein. The awards, hosted by the office of Community Engagement of the UFS, were held on 6 October 2016 at the Albert Wessels Auditorium on the Bloemfontein Campus.

Residents from Bloemshelter, a registered non-profit organisation (NPO) that provides shelter for the homeless, catering for vulnerable people, including both women and men, children, the elderly, and other frail people, received awards from the Global University of Lifelong Learning (GULL). GULL is a non-profit network that enables its affiliated organisations to recognise the individual and collective efforts of those who are causing change and progressive transformation in communities and in the workplace.

Others to receive awards included the UFS South Campus-based ICTIS team for their Internet Broadcast Project (IBP), which offers internet-based learning tools to community

schools in the Free State. The Princess Gabo Foundation, an NPO that supports maternal, reproductive and child health programmes in Thaba Nchu, also got an award for their work in that community. A total of 32 awards were presented at the ceremony to various organisations and individuals for their work in communities.

Bishop Billyboy Ramahlele, Director: Community Engagement at the UFS, congratulated the award recipients at the ceremony and challenged them to keep working hard to develop communities and to give them hope.

By Tessa Ndlovu



Photo | Charl Devenish

The ICTIS team received an award for outstanding work in schools.



Qwaqwa Campus staff members approaching the winning pole after a the 4 km walk.

From the left, Patuwe Dlamini-Phelephe (Cleaning Services), Ntombeemini Hlongwane and Sebolelo Tsoanya (Housing and Residence Affairs).

Spring **Fun Walk** a resounding success

The Health and Wellness Centre's annual Spring Walk on the Qwaqwa Campus was such a resounding success that many staff members wished it could be hosted every week, according to Health and Wellness Coordinator Motshabi Tau.

As usual, staff members wore colourful clothes as they walked what should be one of the most challenging 4-km routes on any university campus.

"The walk was aimed at making staff aware that walking or jogging around a track is as effective as an antidepressant in relieving symptoms of major depression in middle-aged and elderly people. It can also make you feel younger and improve thinking skills," said Tau.

More than 60 staff members participated and the winners were Thabo Mokoena from KopsieSport and Ntaoleng Mokoena (no relation) from Cleaning Services. The day was completed with a 90 minute aerobics marathon that attracted a lot of attention from students as they were excited to see staff members in a different light.

By **Thabo Kessah** ✎

Family **MATHS** and Family **SCIENCE** project a **growing** **success** story

The Faculty of Education's Family Maths & Family Science programme intends to demystify Mathematics and Science by improving learners' understanding of them and by changing their attitudes towards them.

This is done by exposing learners in their early school years to Family Maths & Family Science activities in the classroom. In addition to this, the learners' parents and guardians are also given training in those activities so they can be involved in their children's Mathematics and Science learning. With backing from SANRAL, more than 20 000 participants were actively involved in project activities during 2016.

Elna Fourie, from SANRAL, said they were funding the project because "mathematics is crucial for entrance into university in science and technology fields and that one should start early. We are investing in our country and our people – we are investing in the building blocks for the future."

"One of the goals of the summit is to establish a community of practice regarding the Family Maths & Family Science programme among the project participants," said Dr Cobus van Breda, the Programme Director of Science-for-the-Future, from the Faculty of Education. Feedback from the summit indicated that their aims and goals were being achieved.

By **Oteng Mpete** ✎



KARLA flying the Kovsie flag in Australia



International netball players such as Geva Mentor from England and Laura Langman from New Zealand will be team mates of Karla Mostert at the Sunshine Coast Lightning in Australia.

Photo | Johan Roux

Not only is she regarded as one of the best, if not the best, netball players in South Africa, Karla Mostert's skills are also sought after globally.

The Kovsie has already represented Bath in the English Super League and will now become the first South African to play provincial netball in Australia. Karla, who plays goal defence position, was selected by the Sunshine Coast Lightning for the 2017 National Netball League. According to international rankings, Australia is the best netball-playing country in the world while South Africa is ranked fifth.

The Protea star, who will join the Lightning in November 2016, has had an outstanding two years. She received local accolades such as the best player in the Premier League (2015), the Varsity Netball Tournament (2015) and the National Tournament (2016).

In 2016 she played for Bath and was voted one of the five best players in the English league. She also represented South Africa at the 2015 Netball World Cup and captained the South African Universities team who won gold in July 2016 at the World Student Games.

The 26-year-old was also chosen as Sportswoman of the Year by Volksblad at the newspaper's 2016 sport star dinner. Karla, who captained the UFS team, doesn't represent the UFS in the Varsity tournament anymore as she is older than 25. She has since taken the position of assistant coach of the Kovsies.

By Jóhann Thormählen

bultjie < All the world is a somewhat funny stage

Things are not always lekker nowadays in my beloved country. But in trying times, humour might save our souls and minds. Humour comes in many flavours and is acted out on many stages. As Shakespeare said. "All the world's a stage." Bultjie was wondering what types of humour we might find off the traditional stage? I mean, when you look at the behaviour of public figures or read or watch the daily news?

The old adage seems so very popular in SA politics, especially when you look at its basic definition and origin. It stems from the Greek term meaning "unpublished", and refers to comic personal stories that may be true or partly true, but embellished. How many blown-up rumours have you heard about public figures lately? Only, some of them are not so funny and probably not just blown-up rumours, hey!

Not to mention burlesque! The newspapers are showering the public with caricature sketches and ridicule with exaggerated

characterisation. And so we survive our pessimistic outlook on life with dark, morbid and grim humour. Oh, and we got so used to deadpan humour! A few giggles and an impassive, expressionless, matter-of-(sometimes)-fact presentation!

The only problem with humour at some of our institutions is that it often seems farcical, which is typical comedy based on improbable coincidences and with satirical elements, punctuated at times with overwrought, frantic action. However, I think we got used to that! Bultjie finds the noun fascinating. It also refers to incidents or proceedings that seem too ridiculous to be true. You see, that then becomes ironic. Some citizens experience ironic humour that involves incongruity and discordance with norms in which the intended meaning is often opposite, or nearly opposite, to the literal meaning, as not so funny. It then becomes mordant! It is humour, but it bites! In our enduring South-African situation comedy we all have to stand-up to all this slapstick!

Smile! You're on candid camera!

Bultjie

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