

F1 programme 2011

The F1 programme is envisaged as a one-year programme that includes the recruitment of applications, the rollout of a three-phase preparatory, learning abroad and learning integration programme and channelling of F1 team members to further leadership development opportunities and into student governance structures.

1) The recruitment programme will consist of the recruitment and selection procedure, which is considered as key aspects of positioning the F1 programme, enabling the precise type of applicants to respond to the F1 objectives and provides initial learning engagement with applicants.

2) The three-phase curriculum of the programme will consist of a preparatory programme, a structured programme of engagements abroad and a return programme of student dialogues and further development opportunities.

The **preparatory programme** will consist of study planning sessions focussed on assignments to be completed by participants during the trip, introductory seminars on leadership to prepare students to engage in conversations with their counterparts abroad and training events on international travel and protocols to prepare students for the trip itself.

The **study programme abroad** will consist of learning events in collaboration with the hosting institutions, including social, cultural, as well as academic and leadership training events, pre- and debriefing meetings of the F1 team based at the specific institution to complete group assignments and time allocated to F1 members for self-assessment and reflection.

The **return-learning programme** will consist of F1 team members establishing learning communities and dialoguing programmes to report to the student body at large on achievements and learning, while also co-creating the programme for 2012 by participating in programme evaluation.

3) The programme to channel F1 team members to student leadership positions will consist of participants joining existing student leadership mentoring programmes and availing themselves to run for student leadership positions in residences, faculties and associations.