

FREE

Mental Health Support

UFS STUDENT CARELINE



0800 00 6363

SMS 43302

helpline@sadag.org

Telephonic counselling & referrals
24 hour toll-free helpline
7 days / week
Sadag.org

T: +27 51 401 3000/2525/9288 | E: info@ufs.ac.za | www.ufs.ac.za

 UFSUV |  UFSweb |  UFSweb |  ufsuv

*Inspiring excellence.
Transforming lives.*

UNIVERSITY OF THE
FREE STATE
UNIVERSITEIT VAN DIE
VRYSTAAT
YUNIVESITHI YA
FREISTATA

