



Masters (MTh) in Spirituality

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deepening your lived
experience of the
Christian faith and
discipleship?

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THEOLOGY AND RELIGION

Overview

This **Master's degree** provides an in-depth study of **Christian spirituality**. This programme addresses the following themes:

- The development of spirituality as an academic discipline in the Christian tradition and contemporary trends.
- Spirituality as expressed in the reception and spiritual reading of the Bible.
- Traditional and new spiritual practices, such as prayer and spiritual formation, including embodying the dynamics of growth and transformation.

Four modules must be completed over four consecutive semesters.

YEAR ONE

FIRST SEMESTER

In-Depth Study of **Spirituality as a Discipline**.

This module focuses on the various dimensions fundamental to studying spirituality as a Christian practice and academic discipline. The renewed interest in the phenomenon of spirituality is explored, as well as various understandings of the notion, methodological questions, and the history of spirituality in the Christian tradition, including contemporary trends.

SECOND SEMESTER

In-Depth Study of **Scripture and Spirituality**.

This module explores two important aspects: how spirituality is depicted in specific Old and New Testament writings and the spiritual reading of pericopes from both the Old and the New Testament. Upon completing this module, students will have a good understanding of the spirituality of some of the writings of the Bible and be able to do spiritual readings of pericopes independently.

YEAR TWO

FIRST SEMESTER

In-Depth Study of **Spiritual Practices**.

This module addresses the dynamics of spiritual growth and transformation theoretically and practically. Various practices such as prayer, spiritual direction and spiritual formation are explored systematically. Upon completion of this module, students will be able to reflect personally on the dynamics associated with the practices of spirituality.

SECOND SEMESTER

Research In Spirituality.

In this module, an independent mini-dissertation must be completed (+/-30000 words).

TUITION FORMAT

Students are required to do self-study and submit assignments. There will be synchronised online contact sessions, and once a semester, students are required to attend a face-to-face block contact session on the Bloemfontein Campus of the UFS for a maximum of three consecutive days.

Assessment: Continuous

Duration: Two years

PROJECTED COSTS

Articulation: Students may apply for admission to a PhD in Spirituality, which is subject to selection.

Projected cost: Tuition fees (excluding books)*:

2025 (Year one) = R17 540 ;

2026 (Year two) = R17 300

*This is not a quote for 2025 but a minimum cost projection based on the fees of 2024. The UFS Fees Yearbook for 2025 will only be available at the end of 2025.

APPLICATIONS

Admission requirements: A four-year degree in Theology (NQF level 8, 480 credits) or appropriate and equivalent qualifications up to NQF level 8. Modules on an NQF level 8 should be completed with a weighted average of 60%.

BURSARIES

Explore funding options through the **UFS Centre for Graduate Support**. Alternatively, a limited number of bursaries covering a third of the registration deposit are available to students in need. Send an email with your student number to theologybursary@ufs.ac.za for further information.

Language of instruction: English

Closing date for applications: 31 October

For more information, contact Annelize Dreyer at

051 401 3430/ dreyera@ufs.ac.za

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