

The Psychology Students' Association
Psychology Building,
Room 121A
University of the Free State

2017 ASSOCIATION PROJECT DESCRIPTIONS

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Project name and email address	Project Leader and Co-Leader	Project Description
Huis van Omgee/ House of Compassion	Anita Miza Sharida Steenkamo Huisvanomgee2016@gmail.com	Huis van Omgee is a house with children with various ages. These children come from difficult backgrounds, and so may have a disadvantaged path ahead for them in live. PSA members focus in their sessions to make these children feel loved, and to show that there are still people out there who care about them. Being entertaining and active is a big part of this project. Showing the children that they can still enjoy life, gives them hope.
Martie du Plessis 1	Anneke Neser Lee-Ann van Zyl Marti1dp01@gmail.com	Martie du Plessis GROUP 1 engages with preschool children. Martie du Plessis is a school for children with learning, mental and physical disabilities. Being part of Martie du Plessis GROUP 1 entails plenty of one-on-one interaction with the young children. Spending time bonding with the children, for example, by drawing and painting pictures, and having mini-sports days, help make them feel special. This project involves close contact with the children.
Martie du Plessis 2	Anika Stapelberg Brownwyn Hoskins-Davies psamartie2@gmail.com	Martie du Plessis GROUP 2 engages with children between 9 and 12 years old. Martie du Plessis is a school for children with learning, mental and physical disabilities. Martie du Plessis GROUP 2 offers students not only the opportunity to gain further knowledge, but also experiences that stimulate involvement and promote empathy – the three pillars on which the PSA is based. In this project, PSA members are exposed to situations similar to those encountered in a psychology practice. Students will learn acceptable responses, which is a valuable trait for those who wish to pursue a career in psychology. The schedule of the project is centred on the children's needs.
Nasorg	Nicolene Jonker Werner Botha psa.nasorg@yahoo.com	The Free State Nasorg Centre is a centre for adults with ages ranging from 18 to 70 years. These adults are underdeveloped in some cognitive and physical areas which prohibit them from functioning effectively in society. Their disabilities include, but are not limited to, Down's syndrome and cerebral and other cognitive dysfunctions. The centre houses around 200 members. Some return to their families on weekends and for vacations, while others live here indefinitely. This care centre is known for its members' love for the PSA students

Rosenhof	Alexandra Giddy Lerato Mokati psarosenhof@gmail.com	Rosenhof is a high school for girls with behavioural problems. The project is aimed at girls in all grades. PSA members help the girls to develop positive self-esteem and to improve their self-confidence. As these girls feel rejected by society, the essence of this project is helping them realise that they can reach their full potential. To set these goals in motion, positive environments must be created during the sessions.
Sharing is caring	Annitia Jewell Anco Gouws sicgroup1@gmail.com	Sharing is Caring is a project that involves a variety of people and institutions in need. The project works closely with institutions such as Sunflower House, Jean Webber Home, Lebone House and the SPCA. Sharing is Caring encourages and helps PSA members to develop the skill of adapting to diverse situations and people, a crucial skill in any career path.
Sunhaven	Buntu Mbiza Yolandi Prousalogou sunhavenpsa@gmail.com	Sunhaven, situated in Universitas, houses children who have cancer and their parents during the time of their treatment. CHOC Haven has been up and running since 2004. The past few years PSA members have been visiting Universitas Hospital to engage with these children in fun activities. The main focus of this project is offering emotional support and helping them take their mind off their circumstances.
Towers of Hope	Anesipho Phillip Khongelani Ngobeni psatowersofhope123@gmail.com	Towers of Hope works with children from the ages of 10 – 20 years. The project operates by the Two Tower church, and that was the inspiration for the name. In this project group members focus on the development of necessary life skills, providing guidance to the children, and offering moral support to those who need it. To help them, help themselves in their everyday lives is key for this project. Sessions help the children to remain of the streets, and to reunite them with their families.