

# HONOURS PROGRAMME IN PSYCHOLOGY

## 2018

UNIVERSITY OF THE  
FREE STATE  
UNIVERSITEIT VAN DIE  
VRYSTAAT  
YUNIVESITHI YA  
FREISTATA



UFS·UV  
HUMANITIES  
GEESTESWETENSKAPPE  
PSYCHOLOGY  
SIELKUNDE

## FACULTY OF THE HUMANITIES

### Department of Psychology

This Honours Guide should be read in conjunction with the *Guide to Psychology*, available on the website of the Department of Psychology ([www.ufs.ac.za/psy](http://www.ufs.ac.za/psy)) or at the Psychology Information Office (Psychology Building, Room 5).

## NATURE OF THE PROGRAMME

The Honours Programme at the Department of Psychology offers students in-depth theoretical understanding of Psychology as a discipline, the opportunity to conduct a research project, as well as practical exposure to community engagement and service-learning activities.

After completion of the Honours Programme, students can apply for admission (subject to selection) to postgraduate training in professional psychology (Master's in Applied Psychology) or academic psychology (Master's in Research).

The duration of the programme is one academic year for full-time students or two academic years for part-time students. Students who want to complete the programme in more than two years will have to apply for special permission.

Certain modules are offered during the day and others during the evening. Day and evening modules rotate annually. Full-time students are expected to attend both the day and evening classes. Part-time students are accommodated in the evenings. **All students are expected to attend contact sessions on a weekly basis (the programme is not presented via distance learning).**

Most modules involve one three-hour contact session per week. For certain modules, practical opportunities and service-learning activities will be scheduled as well. At the commencement of each module, the lecturer will provide an outline of the module.

The contact sessions for this programme will only be in English. All learning guides and assessment activities will still be in English and Afrikaans, **but only for 2018. As from 2019 all learning material and assessments will only be in English.**

# AIMS OF THE HONOURS PROGRAMME

The honours programme aims to equip students with the ability to:

- apply quantitative and qualitative research principles, methodological tools and practical skills to competently plan, conduct and report on a research project of limited scope in the field of psychological research;
- plan, conduct and evaluate a psychosocial intervention regarding specific contemporary psychosocial issues in a community setting;
  - apply in-depth theoretical learning of normal human development throughout the lifespan to real-life situations;
  - use critical and creative thinking to discuss, apply and critically evaluate various approaches to psychotherapy;
  - portray an ethical sensitivity toward a variety of therapeutic situations;
- demonstrate understanding, knowledge and skill in the psychological assessment process of administering, scoring and interpreting of selected psychological measuring instruments in an ethical and professional way; and
- demonstrate an integrative understanding of (and theoretical approaches to) psychopathology during childhood, adolescence and adulthood.

# ADMISSION/SELECTION PROCEDURES

Selection for the Honours Programme in Psychology at the UFS is highly competitive. Due to the high standards required for academic and professional development, the labour intensity of the programme, as well as limited staff and physical resources, only a limited number of students can be accommodated. Each year we receive many more applicants than we can accommodate; thus, only the top academic candidates will be selected. Not being selected in a particular year does not necessarily imply that a candidate is unworthy of a place in the programme, but that the unsuccessful candidate was outperformed by candidates with higher academic performance.

A (any) degree with Psychology as a major subject is a prerequisite for admission into the Honours Programme. This implies that the applicant must have completed all the first-, second- and third-year modules stipulated in the curriculum for Psychology as a major subject. Only psychology core modules are taken into account (and not electives).

**Academic performance:** Academic performance in **all undergraduate Psychology core modules** will be the principle selection criterion. To ensure a fair basis of comparison, no other marks will be taken into account; also no other aspects such as age, work experience, personal circumstances or other qualifications (apart from Psychology modules) will be considered. Since selection takes place during October, only the module marks that are available at the time of selection will be considered.

**Equity:** In accordance with the UFS policy on equity and access, the selection committee will deliberately seek to ensure that the class will reflect the diversity of talent available in the country. Preference will be given to the students of the University of the Free State.

Prospective students must acquaint themselves with the **departmental information and application form**, which is available on our website [www.ufs.ac.za/psy](http://www.ufs.ac.za/psy).

**The closing date for applications is the end of September of the year preceding intended study. NO late or incomplete applications will be considered. All completed applications should be emailed to Mrs Anneke Denobili at [denobilia@ufs.ac.za](mailto:denobilia@ufs.ac.za)**

**Please note that new candidates will be admitted only at the beginning of each academic year. No new students will be admitted during the second semester.**

# CONTENT: HONOURS PROGRAMME 2018

The curriculum consists of the following compulsory modules:

## Year modules

- PSHA6804 Psychological Assessment
- PSHC6804 Community and Social Psychology
- PSHM6804 Advanced Research Methodology
- PSHR6808 Applied Research Methodology

## First-semester modules

- PSHD6814 Advanced Developmental Psychology
- PSHT6814 Advanced Psychotherapy and Ethics

## Second-semester modules

- PSHP6824 Advanced Psychopathology

# MODULE

## OUTLINE Year

CODE	NAME OF MODULE <b>modules</b>	NQF level	Credits
PSHA 6804 Year module	<p><b>Psychological Assessment:</b> The aim of this module is to equip the student with advance knowledge of and skills in the ethical and professional conducting, value allocation, and limited interpretation of selected psychological measuring instruments. The following assessment domains are covered: visual-motor integration, intelligence, interest, aptitude, and personality.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Ms M van Dijk, SG 204,</u> Tel: +27 51 401 2596, <a href="mailto:vandijkm@ufs.ac.za">vandijkm@ufs.ac.za</a></li> </ul>	8	16
PSHC 6804 Year module	<p><b>Community and Social Psychology:</b> The aim of this module is to equip students with the theoretical underpinnings and analytic skills relating to community psychology in order to plan, conduct and evaluate a psychosocial intervention regarding specific contemporary psychosocial issues.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Prof Paul Fouché, SG 108 A,</u> Tel: +27 51 401 3800 or +27 401 9314, <a href="mailto:fouchejp@ufs.ac.za">fouchejp@ufs.ac.za</a></li> </ul>	8	16
PSHM 6804 Year module	<p><b>Advanced Research Methodology:</b> This module aims to provide students with advanced knowledge regarding research methodology and methods in the social and behavioural sciences. Quantitative and qualitative approaches within the main umbrella paradigms and philosophical underpinnings that guide research will be addressed. Students will have to be able to select an appropriate paradigm and research design and coherently apply different advanced methodologies/techniques in the field of psychological research.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Ms M van Dijk, SG 204,</u> Tel: +27 51 401 2596, <a href="mailto:vandijkm@ufs.ac.za">vandijkm@ufs.ac.za</a></li> </ul>	8	16

PSHR 6808 Year module	<p><b>Applied Research Methodology:</b> The aim of this module is to provide students with knowledge to understand the underlying principles of research. Furthermore, students will be equipped with the practical skills and methodological tools to competently plan, conduct and report on the research process.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Dr P Naidoo, SG 104,</u> Tel: +27 51 401 2340,<a href="mailto:naidoo@ufs.ac.za">naidoo@ufs.ac.za</a></li> </ul>	8	32
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## First semester modules

CODE	NAME OF MODULE	NQF level	Credits
PSHD 6814 First semester	<p><b>Advanced Development Psychology:</b> The aim of this module is to equip students with in-depth understanding of normal human development throughout the life span. This includes knowledge of the issues and theories of development, in-depth knowledge of the different areas in development, as well as knowledge of the life stages and development tasks from conception to death. Students are also expected to develop the skill to integrate and apply the above-mentioned to case studies.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Dr A Botha SG 101,</u> Tel: +27 51 401 2188, <a href="mailto:bothaa@ufs.ac.za">bothaa@ufs.ac.za</a></li> </ul>	8	16

PSHT 6814 First semester	<p><b>Advanced Psychotherapy and Ethics:</b> This module aims at equipping students with the competence to practice psychology professionally and ethically. It provides students with knowledge and skills regarding psychotherapeutic approaches and ethical practices in order to act as responsible counsellors, psychometrists and psychologists. Students are also encouraged to think critically about themselves as future therapists and the services they intend to provide to future clients, as well as to effectively evaluate the suitability of various approaches to psychotherapy.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Prof L Naudé, SG 111,</u> Tel: +27 51 401 2189, <a href="mailto:naudel@ufs.ac.za">naudel@ufs.ac.za</a></li> </ul>	8	16
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## Second semester modules

CODE	NAME OF MODULE	NQF level	Credits
PSHP 6824 Second semester	<p><b>Advanced Psychopathology:</b> The aim of this module is to sensitise and train students on both theoretical and applied levels concerning the biological, psychological and social mechanisms and interactions involved in the development, clinical description, cause and treatment of various psychological disorders during childhood (including adolescence) and adulthood.</p> <ul style="list-style-type: none"> <li>• <u>Module coordinator: Ms I van Aardt, SG 107,</u> Tel: +27 51 401 2095, <a href="mailto:vanaardt@ufs.ac.za">vanaardt@ufs.ac.za</a></li> </ul>	8	16



# PROGRAMME COORDINATOR & PROGRAMME SENIOR ASSISTANT OFFICER

**Honours Programme coordinator** : **Prof Paul Fouché**  
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