



VISION130  
Renew and Reimagine  
towards 2034



# Roundtable Discussion: Advocating for the Right to Health of Persons with Disabilities

## A Focus on Mental Health

21 May 2025 | 08:30–16:00

James Moroka Building, Metro 1 (Bloemfontein Campus)

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TIME	ACTIVITY
<b>08:00 – 08:30</b>	<b>Registration</b>
08:30 – 09:00	<b>Welcoming:</b> Prof Serges Djoyou Kanga (Dean of the Faculty of Law, UFS) <b>Opening remarks:</b> Prof Nicholas Pearce (Acting Dean of the Faculty of Health Sciences, UFS) <b>Plan of the day:</b> Dr Julia Modula (UFS) and Ms Laetitia Fourie (UFS)
<b>09:00 – 10:00</b>	<b>Opening Session</b>
	<b>CUADS on Mental Health and Students with Disabilities</b> - Ms Martie Miranda, UFS, <b>The Long-term Challenges of Caring for Adults with Disabilities</b> - Ms Beulah Van Aswegen, Beudene Care Centre <b>Disability and Human Rights</b> - Mr Tokelo Moeketsi, Keyarona Disability Care <b>Creating a sustainable Support Structure for children with disability</b> - Ms Motlalepule Motlolometsi, Phelang Disability Home Centre <b>Challenges Encountered by Persons with Disabilities at Healthcare Facilities</b> - Ms Christa Burger, Free State Southern Mental Health Organisation
<b>10:00 – 10:15</b>	<b>Interactive dialogue</b>
<b>10:15 – 10:30</b>	<b>Break</b>
<b>10:30 – 11:30</b>	<b><u>Session 1: Rights of Persons with Disabilities</u></b> <b>Fundamental Rights and Freedoms of Persons with Disabilities, focusing on Women and Youth</b> - Dr Mokgobola Mathapo-Thobakgale, University of Limpopo <b>Visual Impairment and Mental Health</b> - Mr Carel Masemola, UFS <b>Advocating for the Right to Health of Persons with Intellectual Disabilities: A focus on mental healthcare</b> - Dr Ronelle Jansen, UFS <b>The mental health of persons with disabilities</b> - Dr Maryna Hattingh, UFS
<b>11:00 – 11:15</b>	<b>Interactive dialogue</b>
<b>11:15 – 12:00</b>	<b><u>Session 2: Mental Health and Human Rights</u></b> <b>The Status of Mental Health in Free State Province</b> - Ms Nomsa Leshotho, Free State Department of Health <b>Mental Health for Carers of Persons with Disabilities</b> - Ms Betty Mangate, Free State Department of Social Development <b>Strategies to facilitate advocacy for the human rights of mental health care Users by Psychiatric nurses</b> - Prof Nompumelelo Ndlovu, University of Johannesburg <b>Mental Health and Disability</b> - Dr Zukiswa Nzo, Waseda University <b>Widening Access to Mental Health Rights for Persons with Disabilities: Opportunities and Strategies</b> - Dr Rakgadi Grace Malapela, UNISA
<b>12:00 – 12:15</b>	<b>Interactive dialogue</b>
<b>12:15 – 13:00</b>	<b>Lunch</b>
<b>13:00 – 13:45</b>	<b><u>Session 3: Care, Habitation and Rehabilitation of Persons with Mental Disorders and Disabilities</u></b> <b>The Role of Technology in Mental Health Advocacy for People with Disabilities</b> - Dr Phindile Shangase, UFS <b>Self-Advocacy by People with Intellectual and Developmental Disabilities in Mental Health Policy</b> - Dr Babalwa Tyabashe-Phume, Stellenbosch University <b>Bridging the Gap: Ensuring Access to Mental Healthcare for Persons with Disabilities</b> - Dr Mpho Ramarumo, UFS
<b>13:45 – 14:00</b>	<b>Interactive dialogue</b>
<b>14:00 – 14:45</b>	<b><u>Session 4: Promotion of Mental Health Care Services</u></b> <b>Promotion of Self-care in Healthcare Professionals with Disabilities</b> - Dr Mpho Grace Chipu, Northwest University <b>Promoting mental health among persons with age-related disabilities</b> - Prof Vivian Pupilampu, University of Regina, Canada <b>Increasing opportunities for families and individuals with IDD to access adequate Mental Health services</b> - Dr Rachael Wanjagua, University of Texas, USA
<b>14:45 – 15:00</b>	<b>Interactive dialogue</b>
<b>15:00 – 15:45</b>	<b><u>Session 5: Mental Health of Persons with Disabilities</u></b> <b>Academic support among functionally disabled Health Sciences students</b> - Dr Nokuthula Tlalajoe-Mokhatla, UFS Faculty of Health Sciences <b>Strategies Supporting Families of Persons with Intellectual Disabilities</b> - Dr Julia Modula, UFS <b>Disability, Solidarity and Resistance: Teaching Reflections</b> - Prof Jaira Harrington, University of Illinois, Chicago, USA
<b>15:45 – 15:55</b>	<b>Interactive dialogue</b>
<b>15:55 – 16:00</b>	<b>Way Forward</b>
<b>16:00</b>	<b>Closing - Mr Khanya Motshabi</b>