



## ***School of Health and Rehabilitation Sciences***

**Department of Exercise and Sport Sciences**  
**Department of Nutrition and Dietetics**  
**Department of Optometry**  
**Department of Occupational Therapy**  
**Department of Physiotherapy**

### **Selection policy 2020/21**

#### **Premises**

***The present selection policy states that:***

- Any candidate may apply for admission to the first year of the following qualifications: BSc Dietetics, B Optometry, BSc Physiotherapy, B Occupational Therapy, B Biokinetics and B Sport Coaching qualifications (i.e. matriculants, school leavers, graduates and diplomats, as well as persons already studying for a degree)
- A holistic approach is important in the selection process, which is based on a points system that includes academic achievement, the National Benchmark Test (NBT) (for senior students only a recommendation), cultural activities, leadership activities and sport
- A definite effort is made to accommodate applicants from a disadvantaged educational background who display the necessary potential and a reasonable ability to attain success in their course, and to strive to be sensitive towards gender distribution in selection
- For the B Sport Coaching programme, an effort will be made to accommodate applicants with higher levels of sport participation and/or sport-related certifications
- Mainly South African students are selected for studies in Health Sciences due to the high costs involved in the training of students. Students enrolled in the School of Health and Rehabilitation Sciences are excluded from the Department of Health's policy agreement
- In each programme 5 places will be reserved to top achievers from the Free State and Northern Cape
- The following numbers serve as a guideline for selection in order to achieve the final student numbers as indicated:

| ACADEMIC PROGRAMME     | SELECTED | ENVISIONED IN CLASS |
|------------------------|----------|---------------------|
| BSc Dietetics          | 45       | 35                  |
| B Optometry            | 50       | 45                  |
| B Biokinetics          | 50       | 40                  |
| B Occupational Therapy | 55       | 50                  |
| BSc Physiotherapy      | 55       | 50                  |
| B Sport Coaching       | 55       | 50                  |

#### ***Other requirements***

- A medical and health report, to be completed by a medical practitioner, as well as the completion of a health questionnaire, are required from students. An applicant may be requested to submit an additional full medical report

The medical reports of selected students will be sent to the various departments to ensure that the health condition of students does not withhold them from education and practising of the occupation for which they have been selected

- **Immunisation requirements**

The Faculty reserves the right to require further immunisation against illnesses at own discretion, before the student may be allowed to any academic year or semester during the course of his/her studies. Regarding the qualifications Physiotherapy, Occupational Therapy, Biokinetics, Dietetics and Optometry, immunisation against Hepatitis B will take place during training and it is thus not necessary for the student to be immunised beforehand.

The School of Health and Rehabilitation Sciences follows the guidelines for immunisation as contained in the latest approved official policy document. The complete policy document is available from Undergraduate Student Administration, Faculty of Health Sciences.

- **HIV status**

On behalf of the Faculty of Health Sciences the Faculty Management wishes to inform each student that, should his/her HIV status be positive, he/she should be aware before he/she takes up his/her selected position, that he/she will be exposed to patients with infective diseases, which could have an influence on his/her physical condition or status. In such cases, he/she will then be responsible for taking precautionary measures so that he/she does not become ill due to his/her positive status and exposure. It will be expected of all students to meet all rotation requirements of the qualification.

- **National Benchmark Tests (NBT)**

It will be required of all new applicants, (except senior students) in the Faculty of Health Sciences to write the NBT test. For the B Sport Coaching programme, the Mathematics component of the NBT test is not compulsory. The NBT test results will be considered during selection.

## Selection process

Selection of all candidates is based on the following:

- Admission mark (TP)\*;
- Academic mark (AP)\*;
- Sciences mark (WP)\*;
- NBT tests (for senior students only a recommendation) and if necessary any other approved questionnaires and tests;
- Selection mark (KP)\*; and
- Language of instruction (LP)\*.

*\*Abbreviations as used in the selection process documents*

Additional approved questionnaires and tests can also be used to identify candidates with the necessary potential. If necessary, a panel from within the Faculty can conduct interviews with students in a further attempt to assess potential and personalities.

- **Admission Mark (TP)** is calculated according to the compulsory subjects, i.e. language of instruction, Mathematics, Physical Sciences, and/or Life Sciences, as well as Life Orientation and the best two (2) subjects of the “designated list” of school subjects passed to a total of 7 subjects. The subject Life Orientation with an achievement level of 5 or higher receives only one (1) TP point.

| NSC ACHIEVEMENT LEVEL | UFS ADMISSION POINT |
|-----------------------|---------------------|
| 7 (90% - 100%)        | 8                   |

|               |   |
|---------------|---|
| 7 (80% - 89%) | 7 |
| 6 (70% - 79%) | 6 |
| 5 (60% - 69%) | 5 |
| 4 (50% - 59%) | 4 |
| 3 (40% - 49%) | 3 |
| 2 (30% - 39%) | 2 |

- **Academic mark (AP)** is the average of the compulsory subjects, i.e. language of instruction, Mathematics (or Mathematical Literacy in the case of B Sport Coaching), Physical Sciences and/or Life Sciences, Life Orientation (maximum 1 point) and the best two (2) subjects of the “designated list” of school subjects passed.
- **Science Mark (WP)** is calculated by the average of the following, Mathematics, Physical Sciences and/or Life Sciences.
- The following minimum requirements are set per programme:

### ***BSc Dietetics***

AP = 33

- Language of Instruction = Achievement level 5 (60%)
- Mathematics = Achievement level 4 (50%)
- Physical Sciences = Achievement level 4 (50%) **AND/OR**  
Life Sciences = Achievement level 5 (60%)

### ***B Optometry***

AP = 33

- Language of Instruction = Achievement level 5 (60%)
- Mathematics = Achievement level 4 (50%)
- Physical Sciences = Achievement level 5 (60%)
- Life Sciences = Achievement level 5 (60%)

### ***B Biokinetics***

AP = 33

- Language of Instruction = Achievement level 5 (60%)
- Mathematics = Achievement level 4 (50%)
- Physical Sciences = Achievement level 4 (50%) **AND/OR**  
Life Sciences = Achievement level 4 (50%)

### ***B Occupational Therapy***

AP = 33

- Language of Instruction = Achievement level 5 (60%)
- Mathematics = Achievement level 4 (50%)
- Physical Sciences = Achievement level 4 (50%) **AND/OR**  
Life Sciences = Achievement level 5 (60%)

It is a prerequisite for selection to Occupational Therapy that prospective students must give proof of a visit with a registered occupational therapist with the purpose of gaining knowledge about the profession.

### ***B Sport Coaching***

AP = 30

- Language of Instruction = Achievement level 4 (50%)

Further recommendations:

- Mathematics = Achievement level 3 (40%) **OR**  
Mathematical Literacy = Achievement level 6 (70%)
- Physical Sciences = Achievement level 3 (40%) **AND/OR**  
Life Sciences = Achievement level 3 (40%)

### **BSc Physiotherapy**

AP = 33

- Language of Instruction = Achievement level 5 (60%)
- Mathematics = Achievement level 4 (50%)
- Physical Sciences = Achievement level 4 (50%)
- Life Sciences = Achievement level 5 (60%)

Voluntary visits with a registered professional in the relevant field will be a recommendation for selection.

**Selection mark (KP) (all programmes excluding B Sport Coaching):** The maximum points to be attained by a student is 118 (academic achievement and non-academic activities in Grade 11 and 12). Of these points, 100 are allocated for academic achievement and a maximum of 8 for non-academic activities, a maximum of 8 for region of origin and 2 points for children of University staff or alumni.

As far as the additional 18 points outside the 100 academic points of the total of 118 points) are concerned, the following holds:

- A point is allocated for **non-academic achievements**, to a maximum allocation of eight (8) points (in Grade 11 and 12)

This point is based on achievements in the following categories:

- **Culture** (1-4) (differentiated between participation at school, provincial and national level)
- **Extracurricular activities** (1-4) (differentiated between participation at school, provincial and national level)

| POINTS ARE ALLOCATED AS FOLLOWS     |          |
|-------------------------------------|----------|
| School level                        | 1 point  |
| Regional level                      | 2 points |
| Provincial level                    | 3 points |
| National and/or International level | 4 points |

- An additional maximum 8 point allocation in respect of **region of origin and attendance of a rural school** is done as follows:

| Free State   | 6 points            |
|--|---------------------|
| Northern <b>AND</b> Eastern Cape                           | 3 points            |
| Rest of South Africa <b>AND/OR</b> outside of South Africa | 0 points            |
| Rural schools anywhere in South Africa                     | Additional 2 points |

- An additional maximum point allocation of 2 points for children of **alumni or current University of the Free State staff members**

**Selection mark (KP) (B Sport Coaching):** The maximum points to be attained by a student is 118 (academic achievement and non-academic activities in Grade 11 and 12). Of these points, 100 are allocated for academic achievement and a maximum of 18 for non-academic activities.

As far as the additional 18 points outside the 100 academic points of the total of 118 points) are concerned, the following holds:

- A point is allocated for **non-academic achievements**, to a maximum allocation of eighteen (18) points (in Grade 11 and 12).

This point is based on achievements in the following categories:

- **Culture** (1-4) (differentiated between participation at school, provincial and national level)
- **Leadership** (1-4) (differentiated between participation at school, provincial and national level)
- **Sport participation** (1-5) (differentiated between participation at school, provincial, national and international level)
- **Sport-related certifications** (1-5) (differentiated between levels of certification)

| POINTS ARE ALLOCATED AS FOLLOWS     |          |
|-------------------------------------|----------|
| School level                        | 1 point  |
| Regional level                      | 2 points |
| Provincial level                    | 3 points |
| National and/or International level | 4 points |

**NBT tests are compulsory for all applicants** except for senior students who have already obtained a degree; for them the NBT tests are a recommendation only.

### **Selection of learners who have already passed grade 12 and are studying at a higher education institution, and graduates**

The Grade 12 marks attained by students who have already passed Grade 12 may be taken into account in addition to their post-school achievements at higher education institutions.

Limited positions will be available for selection in this category.

NBT tests are compulsory for all applications, except for senior students who have already obtained a degree it is only a recommendation.

### **University students**

#### ***Degree not yet obtained***

For the selection of candidates who have completed one or more years of a qualification that does not fall within the Health Sciences, the following apply:

- A candidate will qualify for selection if he/she obtains a minimum average of 65% in accredited degree programmes (80% in accredited diploma programmes at a University of Technology or other Higher Education Institutions) for the completed year. A student/candidate need to complete a full academic mainstream year to be considered/finally selected
- A candidate must have the minimum credits (full curriculum as set out in the regulations of the qualification) required to pass a year of any qualification
- Preference will be given to students with an appropriate study field
- Students (excluding senior students), must fulfil the NBT requirements as set out under point 5

#### ***Degree already obtained***

Selection of students who have already obtained a degree will take place as follows:

- Preference will be given to students with appropriate subjects with a minimum average of 65% in accredited degree programmes (70% in accredited diploma programmes at a University of Technology or other Higher Education Institutions)

- A candidate must have the minimum credits (full curriculum as set out in the regulations of the qualification) required to pass a year of any qualification
- The qualification must have been completed in no longer than the allowed minimum period plus one year
- Students (excluding senior students) must fulfil the NBT requirements as set out under point 5

### **National Benchmark Tests (NBT)**

It will be required of all new applicants, except senior students in the Faculty of Health Sciences to write the above tests.

- The NBT tests are valid for three years, but students are allowed to write only twice in each new year before or on the first Saturday of July of each year. The second NBT test must be written in total and all marks be resubmitted together with a motivation
- Only the latest set of NBT results of each year will be accepted

#### ***For BSc Dietetics, B Optometry and B Biokinetics***

The NBT will be considered during selection and will contribute a total of 20% of the selection mark.

#### ***For BSc Physiotherapy and B Occupational Therapy***

- The NBT will be considered during selection and will contribute a total of 20% of the selection mark
- A minimum average mark of 60% in respect of the language of instruction (Afrikaans or English) must be obtained. If the average mark is not obtained, students must enrol for the compulsory language module
- Achieve a minimum of 50% for each of the individual components of the NBT
- Only under special exceptional circumstances will applicants be considered for selection if they failed only one component of the NBT (excluding the Language component). In the latter case the overall average NBT mark should be equal to or more than 55%. In Department of Occupational Therapy a pass mark of 40% for the Mathematics component is required

#### ***For B Sport Coaching***

- The NBT test results will not be considered during selection
- Applicants are excluded from the Mathematics component of the NBT tests

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