

# Kovsies Advice

**Kovsies**<sup>®</sup>  
Advice

**EXAM EDITION**



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**VISION 130**  
*Renew and Reimagine  
for 2034*

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FREISTATA



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CENTRE FOR TEACHING  
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# How/what I do to prepare for exams



## 1<sup>st</sup> Year Student

### Masehloho Moletsane

As a first-year student, adapting to the new environment of university was not easy, but because of the advice I got from Student Academic Advising Services, I was able to adapt. So, what I do to prepare for tests is that I start preparing 2 weeks before the test day. Then, three days before the test, I practice previous question papers to get an idea of how questions are usually asked and test my knowledge. My advice to other students would be that they should use the facilities that have been made available to them by the University whenever they feel overwhelmed.

## Senior Student

### Sachin-lee Du-Plessis

With the looming exams and impending stress, students begin this tumultuous process by wondering things like why they choose their respective fields, why they have to take these modules, and why all these requirements matter when they might not even use them in the future. All these questions reflect the stress and strain that students face on a daily basis. Many students prepare in different ways and this can include a multitude of things, such as setting up schedules, summarising months before the time, thus, condensing the workload. Others form study groups and exchange and compare notes. To be fair, there are numerous ways to skin our metaphorical cat, especially when it comes to storing and actively retrieving information. For me personally, I summarise content covered in class throughout the semester, focusing on key points.

Additional information, I cover in reading sessions after class where I review what I have seen and heard. Closer to exam time, I start by reading through my notes and making use of mnemonics to remember the information. A day or two before the exam, I do practice papers and exercises conducive to the main topics. This allows room for revision and allows me to review what I know and what I'm still uncertain of.



## Mosa Hlahlane

Exam season is very stressful to us all; hence, it needs you to gear up as early as you can. The best weapon is starting with the semester – don't wait for last-minute preparations. Procrastination is the destroyer of dreams and ambitions. Rule number one is to always tell yourself, "I don't have enough time left, I need to start now". CAALC helped me pay attention to my mental health and wellness. Academics are me, so I need to be the best version of myself for me to excel and do my best. Good luck all!! Adios!



## Junior Academic Advisor

### Teboho Raofelane

Getting ready and gearing up for exams has never been a walk in the park. Had it been, everyone would be acing them effortlessly. However, it is crucial to constantly remind yourself of the driving force behind your pursuit. Many people merely dream of success, but there are those who rise in the morning and invest their efforts. As you embark on your exam preparations, keep in mind that your presence in this moment is not a stroke of luck. Prepare a few weeks in advance and show up!



# QUOTABLE QUOTES

“

*Keep going. It's  
soo worth it*

”

“

*If it is to be, it is  
up to me*  
Lusindiso Rwexana

”

“

*Modimo ke star!*  
Rethabile M

”

“

*always look your best*

”

“

*Trust God even if the  
answer is 'wait'*  
Thakane

”

“

*Don't Give up, remember  
why you started*  
KR

”

“

*Do not pressurise  
yourself, you are doing  
just fine. For as long as  
you get out of your  
comfort zone everything  
will fall into place*

”

“

*Studying sucks but it  
yield great results. Don't  
give up*

”

“

*Real eyes realize  
real lies*  
Siya Tshabalala

”

“

*The aim is to better than  
last year*

”

“

*it may be difficult now but  
it will be worth it one*  
EN. Mtshali

”

“

*“ The bad news is that  
time flies, The good news  
is that you are the pilot”*  
Dakalo.N.

”

# WALL OF FAME





I am a second-year student at the University of the Free State's QwaQwa Campus, and I am currently enrolled for the Bachelor of Social Sciences degree, majoring in Psychology and Sociology.

Prior to my preparation for examinations, I always prepare a convenient study timetable that will keep me organised and permit me to manage my study-load effectively. I also form study groups with some of my fellow classmates where we discuss topics, and this allows me to deepen my understanding as I get an opportunity to learn from others. In addition, I also make use of additional resources on campus, like textbooks, online resources, articles, and past question papers that are provided at the library. Most importantly, I prioritise taking care of my physical and mental well-being before and during the examination period by eating healthy, meditating, regular exercise, as well as getting enough rest.

Zimvo Potelwa

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