

Health & Wellness Centre (Division of Student Affairs) Sr Riana Johnson (Deputy Director)



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through quality, impact, and care*

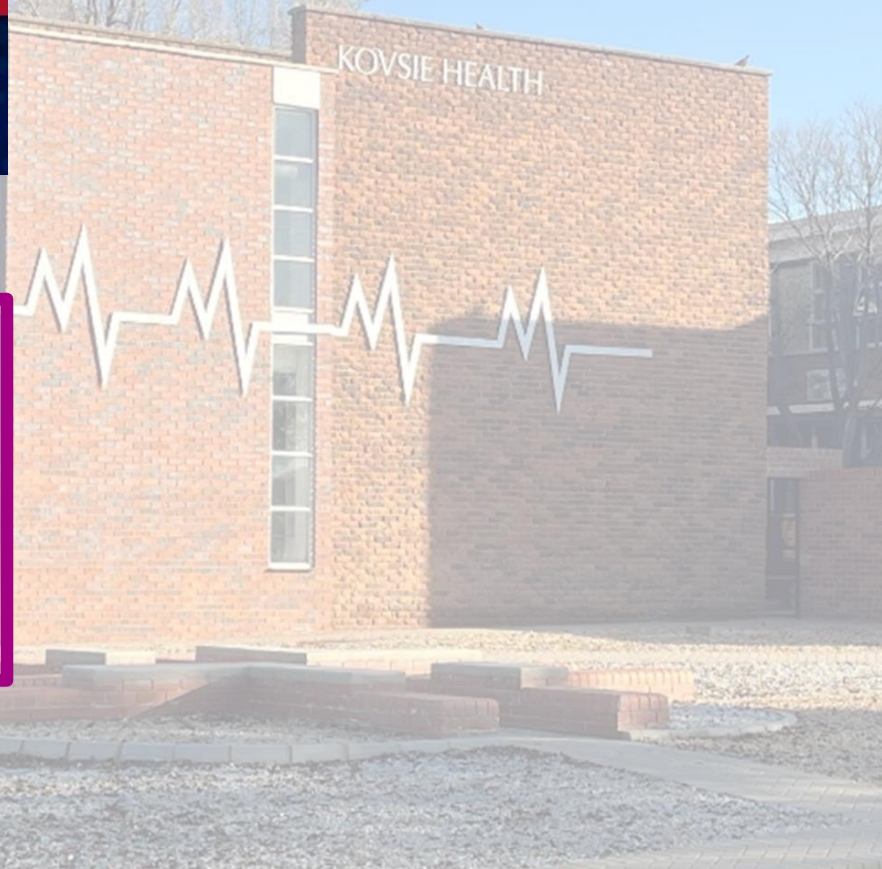
VISION **130**
*Renew and Reimagine
for 2034*

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DITABA TSA BATHUTI

Health & Wellness Centre



1 October 2024:
Conceptualization
of new Health and
Wellness Centre in
Division of Student
Affairs

The Health and Wellness Centre

consists of:

- Student Counselling and Development
- Kovsky Health
- HIV

Leadership model:

- 1 Director,
- 1 Deputy director,
- 2 assistant directors

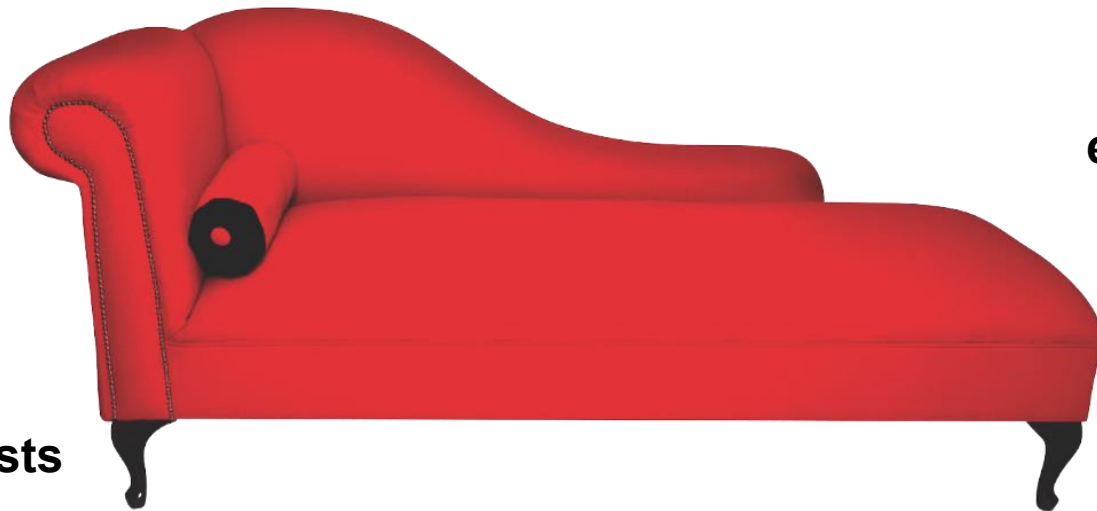
Launch of new
building:
12 March 2025

Student Counselling and Development (SCD)

An SCD
office on
each UFS
campus

Staff at SCD:

- Psychologists
- Social Workers
- Counsellors
- Intern Psychologists



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STUDENT COUNSELLING AND
DEVELOPMENT (SCD)

Kovsie Health & HIV

Staff at Kovsie Health & HIV:

- Professional nurses
- Enrolled nurses
- HIV lay counsellors (BFN campus)

An office on each UFS campus



SCD Services

- Individual counselling
- Once-off workshops
- Developmental programmes
- Career Counselling
- Online mental health resources
- Spiritual Support: African religion
- DBT Skills Groups
- SADAG Mental Health Careline



KH Services

- Primary Health Care
- HIV Testing, Treatment, Counselling and Support
- HIV and AIDS awareness and advocacy through prevention programmes



Contribution to students' well-being

- Preventative and curative role on medical and psychological matters
- Focus on individuals and groups
- Student-centred approach
- One-stop service



wellbeing

Thank you for your time and participation!
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