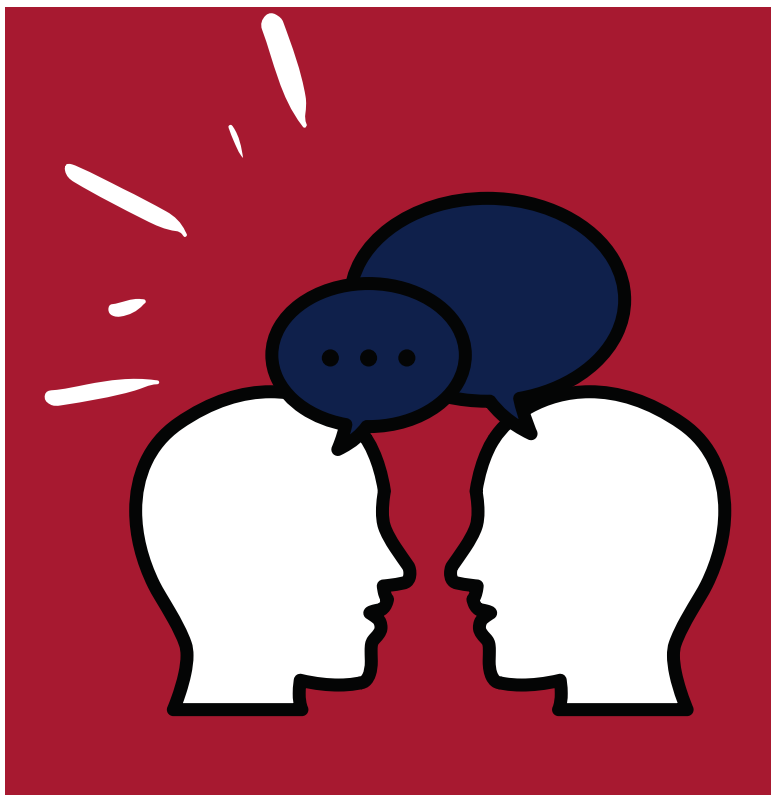


HAVE YOU EVER WANTED TO KNOW HOW TO COMMUNICATE EFFECTIVELY???

HAVE YOU EVER WONDERED WHAT YOUR COMMUNICATION STYLE IS???



**WHAT IS TALK THE TALK ALL ABOUT?**

It is important to communicate effectively, not just with your friends or loved ones, but also with a difficult colleague, line manager or people you have just met.

Understanding your communication style as well as others' communication style will help you communicate more effectively.

You can take control of miscommunications, not clearly getting the message through and not making an impact.

**Just watch this online workshop and learn how to communicate with different people the right way.**

**WHAT CAN I LEARN FROM THIS WORKSHOP:**

- COMMUNICATION PRINCIPLES
- ASPECTS TO CONSIDER WITH COMMUNICATION
- DETERMINING WHAT YOUR COMMUNICATION STYLE IS.
- KNOWING HOW TO COMMUNICATE WITH DIFFERENT COMMUNICATION STYLES.

**"GOOD COMMUNICATION IS THE BRIDGE BETWEEN CONFUSION AND CLARITY"**

-NAT TURNER

**Contact Us for more information:**

Carmine Nieman  
051 401 2537  
niemancl@ufs.ac.za

**How will this work??**

**LOGISTICAL ARRANGEMENTS AND INFORMATION:**

- The workshop will be available online for you to enjoy in your own space and time.
- The workshop will be 30 minutes to an hour.
- Visit our website to view/download this workshop: [https://www.ufs.ac.za/supportservices/department s/human-resources-home/od-employee-wellness/2021-well-being-initiatives](https://www.ufs.ac.za/supportservices/department-s/human-resources-home/od-employee-wellness/2021-well-being-initiatives)



**Let's start communicating effectively!!!**