



#UFSWomen

# THE BOUNCEBACKABLE WOMAN DON'T HOLD HER BACK

BEING A WOMAN STILL  
GROWING

WOMAN'S MONTH INTERACTIVE GUIDE WEEK 2



#UFSWomen



**WHAT YOU ARE  
DOING!!**

**COMPLETE THIS FIRST**

**1**

**Register for the Women's  
Breakfast by clicking on the  
following link (insert link here)**

**2**

**Complete all the activities in  
this guide and submit it to  
Carmine Nieman  
*NiemanCL@ufs.ac.za***

**TO**



**Stand a chance to win a prize at  
the Women's Breakfast**

# ACTIVITY FOR THE WEEK

## Crossword Puzzle

Complete the following Crossword puzzle by filling in the first names of these inspiring South African women.



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# ACTIVITY FOR THE WEEK

## ACROSS

3. She is a South African advocate and professor of law, holding a chair in social justice at Stellenbosch University. She served as the Public Protector of South Africa from 19 October 2009 to 14 October 2016.
5. She was a South African anti-apartheid activist and politician, and the second wife of Nelson Mandela
6. She is a South African swimmer who won gold medals at the 2004 Paralympic Games
8. She is a South African beauty pageant titleholder who won Miss South Africa 2014 and was later crowned Miss World 2014. She is the third South African woman to be crowned Miss World.
11. She is a renowned guest speaker who was abducted and survived a brutal attack on her life on 18 December 1994. She now uses her story to inspire and give hope to other women who survived such tragedies.
12. She is a South African model and beauty queen who was crowned Miss Universe 2017. She was crowned Miss South Africa 2017 and is the second Miss Universe winner from South Africa.

## DOWN

1. She is a South African model and beauty pageant titleholder who was crowned Miss Universe 2019. She is the third woman from South Africa to win the title of Miss Universe.
2. She is a South African netball player. She plays in the positions of Centre and Wing Attack. She has a National Diploma in Sport Management and is the founder of a Netball Project named after her.
4. She is a South African athlete and winner of two Olympic gold medals and three World Championships in the women's 800 metres.
7. She is a South African media icon and award-winning investigative television journalist best known for her work on Carte Blanche. She is now the host of her own investigative television show.
9. She is a South African TV presenter at the SABC, especially known as the anchor of the flagship show, Morning Live.
10. She is a former Governor of the South African Reserve Bank, being the ninth person and the first and only woman to hold the position

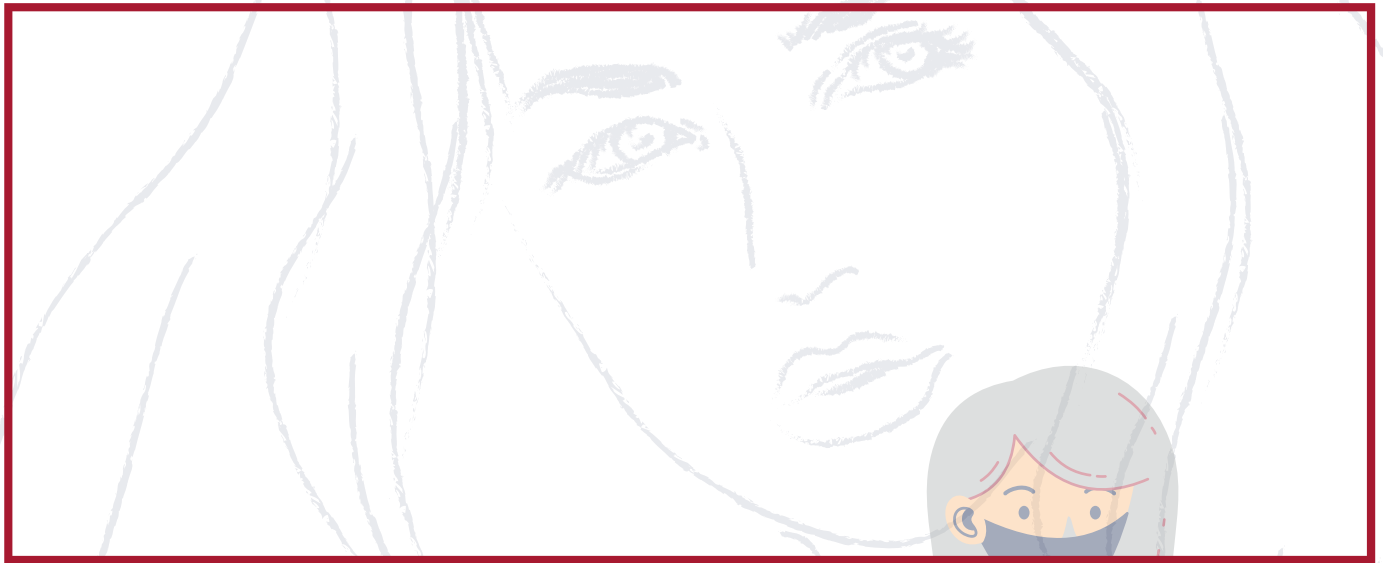


# CHALLENGE FOR THE WEEK

## Generational Differences

With this challenge, we would like you to participate according to your age group. Therefore, we would like to motivate you to share your experiences accordingly.

**Women over 40 to share “Things I wish I knew in my 20s and 30s.”**



**Women under 40 share two profound things that they have learnt about life/careers from women who are in an older age group than them.**



# MOVIE

If at all possible go and watch the movie "Hidden Figures". Click on the following link below to watch the trailer of Hidden Figures.

[https://www.youtube.com/watch?v=5wfrDhgUMGI&ab\\_channel=20thCenturyStudios](https://www.youtube.com/watch?v=5wfrDhgUMGI&ab_channel=20thCenturyStudios)

What stood out most for you?



How will you use what you have learned?

# ARTICLE

Read the following article "Working with Multiple Generations" by clicking on the following link:

<https://www.anfonline.org/docs/default-source/legacy-docs/docs/ce-articles/mc012020.pdf>

What stood out most for you?



How will you use what you have learned?