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*The vision of the office is to promote a healthy food environment, with students and staff well informed and empowered to take appropriate action regarding their food and nutrition...*

**ANNELIZE VISAGIE,**

from the Food Environment Office.

**T**he Food Environment Programme is designed to address the many dimensions of the food environment; assisting students who suffer from food insecurity and hunger is part of the overall programme.

The University of the Free State has previously identified student food insecurity and hunger as a significant problem, with as many as 59% of students identified as not knowing where their next meal would come from. In addition, they recognised that food insecurity added stress to the students' lives, and this had a negative impact on their studies.

**Hello, I am...**

The vision of the office is to promote a healthy food environment, with students and staff well informed and empowered to take appropriate action regarding their food and nutrition situation in order to promote student well-being and student success.

**SUMMARY OF PROGRAMMES AND PROJECTS BY THE FOOD ENVIRONMENT OFFICE**



**NO STUDENT HUNGRY PROGRAMME**

To address this problem, the 'No Student Hungry bursary programme' was started in 2011. The primary intervention offered an allowance to provide one balanced meal per day.



**FOOD PARCEL PROGRAMME**

The secondary intervention provided a food parcel, containing a variety of non-perishable, nutritious staple food items. This joint venture between the Food Environment office and Tiger Brands sets out to distribute non-perishables to students in need.



**COMMUNITY GARDENS**

The Food Environment office and Kopsie ACT, in collaboration with the Centre for Sustainable Agriculture, aim to contribute to food security on campus. The aim is to ensure that food-insecure students are adequately nourished, thereby increasing their chances of academic completion and success.



## THE FOOD ENVIRONMENT

Offices – Steve Biko Building, Ground Floor; and  
Kovsie Lane, opposite Kovsie Health



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View the UFS Prospectus 2022 at

<https://ufs.ac.za/prospective>



**UFS**  
STUDENT AFFAIRS