

STUDENT WELLNESS WORKSHOPS 2016

FIRST YEARS

Subject: Clarification of Values

DATE	TIME	COLLEGES	PRESENTER
Tuesday, 16 February 2016	18h00-20h00	North	Housing and Residence Affairs
Thursday, 18 February 2016	09h00-11h00	East	
Wednesday, 9 March 2016	12h00-14h00	Central	
Tuesday, 15 March 2016	18h00-20h00	South	
Thursday, 17 March 2016	18h00-20h00	West	

Subject: Emotional Intelligence

Tuesday, 5 April 2016	18h00-20h00	West	Student Counselling and Development
Tuesday, 12 April 2016	09h00-11h00	North	
Thursday, 14 April 2016	12h00-14h00	South	
Tuesday, 19 April 2016	18h00-20h00	Central	
Thursday, 21 April 2016	18h00-20h00	East	

Subject: Healthy Behaviour

Tuesday, 2 August 2016	12h00-14h00	West	Health and Wellness Centre
Wednesday, 3 August 2016	18h00-20h00	South	
Thursday, 4 August 2016	09h00-11h00	North	
Thursday, 11 August 2016	18h00-20h00	Central	
Wednesday, 17 August 2016	18h00-20h00	East	

Subject: Responsible Sexual Behaviour

Monday, 5 September 2016	12h00-14h00	East	Health and Wellness Centre
Wednesday, 7 September 2016	18h00-20h00	North	
Tuesday, 13 September 2016	09h00-11h00	West	
Thursday, 15 September 2016	18h00-20h00	South	
Tuesday, 20 September 2016	18h00-20h00	Central	

STUDENT LIFE COLLEGES

NORTH	EAST	CENTRAL	SOUTH	WEST
Welwitschia	Khayalami	Soetdoring	Armentum	Con Laurès
Tswelopele	Roosmaryn	Wag 'n Bietjie	Villa Bravado	Outeniqua
Madelif	Beyers Naude	Karee	NJ van der Merwe	Kestell
Vergeet-My-Nie	Arista	Akasia	Emily Hobhouse	Abraham Fischer
Veritas	Legatum	Kagiso	Marjolein	Imperium
	Sonnedou		Thuthuka	Harmony

For more information, contact Annelize Visagie at 051 401 3258 or visagiea@ufs.ac.za