

STUDENT WELLNESS WORKSHOPS 2016

SECOND YEARS

Subject: Self knowledge

DATE	TIME	COLLEGES	PRESENTER
Tuesday, 16 February 2016	18h00-20h00	South	Department of Psychology
Monday, 22 February 2016	18h00-20h00	East	
Wednesday, 24 February 2016	18h00-20h00	Central	

Subject: Diversity

Wednesday, 6 April 2016	09h00-11h00	West	Zanete du Preez and Francois van den Berg
Tuesday, 12 April 2016	12h00-14h00	North	
Wednesday, 20 April 2016	18h00-20h00	Central	

Subject: Meaningful relationships

Tuesday, 16 August 2016	18h00-20h00	East	Student Counselling and Development
Thursday, 18 August 2016	09h00-11h00	South	
Wednesday, 24 August 2016	12h00-14h00	North	

Subject: Purposeful living

Monday, 12 September 2016	12h00-14h00	Central	Career Development
Wednesday, 14 September 2016	12h00-14h00	East	
Wednesday, 14 September 2016	18h00-20h00	North	

STUDENT LIFE COLLEGES

NORTH	EAST	CENTRAL	SOUTH	WEST
Welwitschia	Khayalami	Soetdoring	Armentum	Con Laurès
Tswelopele	Roosmaryn	Wag 'n Bietjie	Villa Bravado	Outeniqua
Madelief	Beyers Naude	Karee	NJ van der Merwe	Kestell
Vergeet-My-Nie	Arista	Akasia	Emily Hobhouse	Abraham Fischer
Veritas	Legatum	Kagiso	Marjolein	Imperium
	Sonnedou		Thuthuka	Harmony

For more information, contact Annelize Visagie at 051 401 3258 or visagiea@ufs.ac.za

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SENTRUM VIR GESONDHEID EN WELSTAND