



COMMUNICATION STYLE QUESTIONNAIRE

The questions are intended to prompt you to reflect on your communication style and there are no right or wrong answers. You should complete the questions honestly and without too much deliberation.

		Always	Mostly	Sometimes	Rarely	Never
1	I tend to talk first and talk a lot in meetings					
2	I project a no-nonsense and business-like style					
3	I tend to talk in meetings only when I have something useful to say					
4	I like to listen to, and get to know something about people as individuals					
5	I use humour to connect with people and make them smile					
6	I like to explain things clearly and back things up with evidence					
7	I don't like being put 'on the spot' when I am not prepared					
8	I like to understand how people feel about things					
9	I can speak first and then think later					
10	I prefer people to stick to the facts and the subject					
11	I prefer people to be clear about what they are talking about					
12	I prefer people to be friendly and warm to each other					
13	I express my views freely and with enthusiasm					
14	I have strong opinions and can express them clearly					
15	People can find me hard to 'read' as I don't express a lot of emotion					
16	I can find myself acting as 'peace-keeper' in conflict situations or discussions					
17	I like it when my ideas are challenged and debated					
18	I like it when people get straight to the point					
19	I like it when I have time to think about my answer before having to express it					
20	I like it when people listen and are respectful of each other					



If you have answered "Always" or "Mostly" to questions 1, 5, 9, 13 and 17 you may have a more **SPIRITED communication style** (Tick the box if you answered "Always" or "Mostly")

1.	5.	9.	13.	17.	Total:
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If you have answered "Always" or "Mostly" to questions 2, 6, 10, 14 and 18 you may have a more **DIRECT communication style** (Tick the box if you answered "Always" or "Mostly")

2.	6.	10.	14.	18.	Total:
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If you have answered "Always" or "Mostly" to questions 3, 7, 11, 15 and 19 you may have a more **SYSTEMATIC communication style** (Tick the box if you answered "Always" or "Mostly")

3.	7.	11.	15.	19.	Total:
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If you have answered "Always" or "Mostly" to questions 4, 8, 12, 16 and 20 you may have a more **CONSIDERATE communication style** (Tick the box if you answered "Always" or "Mostly")

4.	8.	12.	16.	20.	Total:
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