

★ WELL-BEING KICK-OFF EVENT ★

THE JOURNEY OF RISING STRONG

UNIVERSITY OF THE FREE STATE
PRESENTS GUEST SPEAKER

Professor Johan Potgieter



• Click on the photo for Academic achievements

09 March 2022

12:30 - 13:30

Centenary Complex
(Lunch Included)

*Limited Space Available

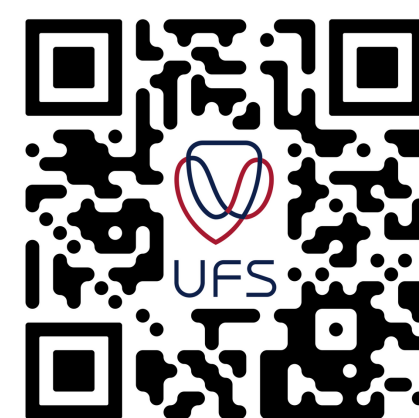
****Please register before 02 March 2022**
<https://forms.office.com/r/n1KubrB9FG>

(Recording will be available)

- Do you want to be more positive?
- Do know if you are resilient?
- Do you want to learn how to overcome obstacles?
- How to overcome failure?
- How to turn negative thoughts into positive actions?

If you answered **YES** to any of these questions then please come and listen to an expert in the field!

"**Positivity** and **Resiliency** are key to getting back on track after working from home, let's see how we can reach this..."



OUR NEW WEBPAGE!!!

Please visit our new webpage!!!

IT IS OUR DUTY TO CARE

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