

# PSYCHOLOGICAL SAFETY

#UFSFEELSPSYCHOLOGICALLYSAFE

HAVE YOU EVER WONDERED IF YOU FEEL PSYCHOLOGICALLY SAFE AT WORK?

DO YOU EVER WONDER IF YOU ARE BEING YOURSELF AT WORK?



### WHAT IS PSYCHOLOGICAL SAFETY ALL ABOUT?

Have you ever asked yourself if you are uncomfortable expressing and being yourself?

In your workspace and team, are you uncomfortable sharing concerns, questions, and mistakes due to fear of retribution or embarrassment or being ignored?

If the answer is "Yes" to any of the above questions, this workshop is for you.

**This workshop will assist you in finding out more about your psychological safety at work.**

### WHAT CAN I EXPECT FROM THIS WORKSHOP:

- LEARNING ABOUT PSYCHOLOGICAL SAFETY
- ASSESSING YOUR PSYCHOLOGICAL SAFETY
- LEARN HOW TO DEVELOP PSYCHOLOGICAL SAFETY

"PSYCHOLOGICAL SAFETY AT WORK TAKES EFFORT. IT'S NOT THE NORM, BUT IT'S WORTH THE EFFORT"

-AMY EDMONDSON

### Contact Us for more information:

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Contact us to present the workshop face-to-face or virtually for you and your team.

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Let's start feeling safe psychologically at work!!!

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