

#UFSWomen

We Salute

Our women of quality
Our women making an impact
Our women who care



THE BOUNCEBACKABLE WOMAN DON'T HOLD HER BACK

BEING A RESPONSIVE WOMAN

STAYING MOTIVATED

Do you want to know how to stay motivated to work?





DEALING WITH LONELINESS

Do you want to know how to deal with loneliness?



SEE STAYING MOTIVATED VIDEO

A video for you to watch on your own time and in your own space. Visit our website to watch this video:

.https://www.ufs.ac.za/supportservices/departments/ human-resources

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