

FTB309

Physiotherapeutic Treatment

Brief description

The aim of the module is to provide students with the requisite knowledge, experience and attitudes to be effective on all levels of primary health care through experiential and community-based learning. Primary health care principles are applied when treating the elderly and persons with disabilities.

Community partners

- Residents of BoikhucO Old-Age Centre
- Residents of Jean Webber Home for Persons with Disabilities
- Residents of Mooihawe Old-Age Home
- Residents of Fichardtpark Retirement Village

Service sector partners

- BoikhucO Old-Age Centre
- Jean Webber Home for Persons with Disabilities
- Mooihawe Old-Age Home
- Fichardtpark Retirement Village

Outcomes for students

Students are equipped with the knowledge, clinical skills and caring disposition to be able to effectively treat patients/residents according to all the levels of care in primary health care, namely promotive, preventative, curative and rehabilitative. Students learn empathy for the elderly as well as people with physical disabilities. They also learn to

respectfully practice physiotherapy in a diversity of cultures. Students come to understand the value of care workers in different healthcare settings and gain insight into the daily challenges experienced by care workers.

Service learning component

During their service learning clinical block, students rotate between the BoikhucO and Mooihawe Old-Age Homes, as well as the Jean Webber Home and the Fichardtpark Retirement Village, where they present information and exercise groups for residents. They also offer formal and informal training sessions to all the home-based care workers. Two to three students are placed at each old-age home every morning of the week, every week of the school term. They also treat individual patients.

Impact on community

Patients/residents receive promotive, preventative, curative and rehabilitative care. Through group and individual activities, our students improve the functionality and quality of life of patients and residents. Home-based carers receive formal training to improve their skills and qualifications.



HEALTH SCIENCES
GESONDHEIDSWETENSAPPE

UFS·UV

School of Allied
Health Professions

Department
Physiotherapy

Study year of students
Third year

Credits: 64

Module offered during
First and second semester

Lecturer
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