

KAB123

Clinical Occupational Therapy

Brief description

In this module, students undertake a community project in group format in a specific allocated community area. The overall aim of first-year projects is "engagement in activity", i.e. being involved in scientifically designed activities with community members in order to become familiar with both the client population, various practice settings and the characteristics of the activities they engage in.

Community partners

- Children at Babbelbekkies Crèche, Heidedal, and Lerato Crèche, Bainsvlei
- Mental health-care users at the Kosmos and Long-Term Wards, Free State Psychiatric Complex
- Residents at Eden Ministries, Bloemfontein
- Residents at Mooihawe Old-Age Home and Ons Tuiste Old-Age Home, Bloemfontein

Service sector partners

- Free State Department of Health
- Free State Psychiatric Complex, Occupational Therapy Department

Outcomes for students

The ultimate aims of the module are: (1) for students to grow professionally by learning more about the profession through practical experience, to grow personally and to develop their sense of social responsiveness; and (2) to contribute to the achievement of community development goals as set by the communities themselves.

Service learning component

Service learning activities for first-year students are divided into two main categories: (1) engagement in (presenting) scientifically designed therapeutic activity programmes with community members; and (2) assisting in environmental adaptations according to community goals. Students are expected to make a tangible contribution to the community area they visit, e.g. students working in one of the old-age homes are involved in creating a multi-sensory room in the dementia care unit.

Impact on community

Members of the community receive a specific therapeutic input through engagement in activity with the students. Community development priorities addressed, differ from community to community. Some examples of intended outcomes for the community include: enhancing the quality of life of residents at old-age homes and long-term care facilities through enabling participation in meaningful occupation (activities); and facilitating child development in all spheres, including gross and fine motor abilities, cognitive functions and life skills at crèches and centres for children.



HEALTH SCIENCES
GESONDHEIDSWETENSAPPE

UFS·UV

School of Allied
Health Professions

Academic host programme
Occupational Therapy

Study year of students
First year

Credits: 12

Module offered during
First and second semester

Lecturers

Mrs Elize Janse van Rensburg
Dr Sanet du Toit
Ms Azette Swanepoel
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