

KAB205

Clinical Occupational Therapy

Brief description

In this module, students (in groups) undertake a community project in a specific allocated community area. The overall aim of second-year projects is "instruction in activity", i.e. being involved in activities at the level of instruction.

Community partners

- Children at Babbelbekkies Crèche, Heidedal, and Lerato Crèche, Bainsvlei
- Mental health-care users at the Kosmos and Long-Term Wards, Free State Psychiatric Complex
- Residents at Eden Ministries, Bloemfontein
- Residents at Mooihawe Old-Age Home and Ons Tuiste Old-Age Home, Bloemfontein

Service sector partners

- Free State Department of Health
- Free State Psychiatric Complex, Occupational Therapy Department
- National District Hospital, Occupational Therapy Department

Outcomes for students

As in the first year, the ultimate aims of the module are: (1) for students to grow professionally by learning more about the profession through practical experience, to grow personally and to develop their social responsiveness; and (2) to contribute to the achievement of community development goals. More specifically, in their second year, students are equipped to assess occupational performance components

and occupational performance areas of the clients they work with. In order to do so, students need to become proficient in "instruction in activity" – a skill that is developed, among others, through their service learning experience. The development of this skill is specifically addressed in addition to the other more general outcomes

Service learning component

Students learn to become proficient presenters or instructors in activity. They utilise activities to assess and treat clients as the core function of their profession. The focus of the activities is "recreation". Students adapt and present various recreational activities, including a games day where members of all the different community areas (as well as other areas that are invited) gather at Ons Tuiste Old-Age Home in Bloemfontein for a day of fun, interaction and social integration.

Impact on community

Community members are enabled to participate in a variety of recreation activities, which facilitates a healthier, more balanced lifestyle. Through participation in the games day, various communities are introduced to each other. Social interaction and community integration is facilitated and it is evident that these days help to foster a greater sense of tolerance and respect among different communities.



HEALTH SCIENCES
GESONDHEIDSWETENSAPPE

UFS·UV

School of Allied
Health Professions

Academic host programme
Occupational Therapy

Study year of students
Second year

Credits: 20

Module offered during
First and second semester

Lecturers

Mrs Elize Janse van Rensburg
Dr Sanet du Toit
Ms Azette Swanepoel
Mrs Juanita Swanepoel

