

MED153

Concepts of Health and Disease

Brief description

The purpose of this module is to expose school learners to basic information on disease and illness, as well as various factors that could influence the health and well-being of the individual and the community. Learners and students are empowered with skills that will enable them to educate individuals and community groups on the principles and processes of disease prevention and health promotion.

Community partners

Grade 11 learners of secondary schools in Bloemfontein (e.g., Dr Blok Secondary School and Sehunelo High School).

Service sector partners

- Department of Education
- MUCPP Community Health Centre and the schools involved

Outcomes for students

Students learn how to apply theoretical content based on case studies. They develop communication and planning skills, while learning how to express themselves clearly and systematically. Students learn how to interpret numerical data, how to find and evaluate information and how to creatively systematise information in the form of a brochure or poster. Furthermore, they gain knowledge and skills regarding oral presentations to an audience of peers and academic staff.

Service learning component

In this module, students do an assessment of the learners' needs. Relevant health topics are then chosen for health expos to be held at the various schools. Students are involved with the design of brochures and posters relating to these topics and setting up stalls for the expo. They also get the opportunity to participate in lectures, small group discussions, workshops and interviews.

Impact on community

The key developmental area this module attempts to address is empowering community members (e.g., grade 11 learners) to take responsibility for their own health by helping them identify the risk factors at stake in the community and educating them on these aspects.



HEALTH SCIENCES
GESONDHEIDSWETENSAPPE

UFS·UV

School of Medicine

Department
Community Health

Study year of students
First year

Credits: 12

Module offered during
First semester

Lecturer
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